

A literature review on kidney cancer outcomes among Indigenous populations in Canada, the U.S., Australia, and New Zealand, 1990–2023

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ABSTRACT

Introduction: Rates of kidney cancer incidence and mortality have risen globally, with Indigenous populations in countries such as Canada, the U.S., New Zealand, and Australia disproportionately impacted. This literature review was aimed to summarize current evidence on kidney cancer outcomes among Indigenous populations in these countries.

Methods: A structured literature review on kidney cancer outcomes among Indigenous populations in Canada, the U.S., New Zealand, and Australia was conducted using Ovid MEDLINE and EMBASE databases. Articles that were in the English language and published between 1990 and 2023 were screened and appraised for inclusion in the review.

Results: The search strategy initially identified 1868 records, of which 136 were reviewed in detail; 74 records were included. Most studies were based in the U.S. Overall, findings demonstrated that Indigenous populations have higher incidence and mortality rates of kidney cancer compared to non-Indigenous populations. This disparity was also accompanied by a higher prevalence of or exposure to known risk factors for kidney cancer. Additionally, Indigenous populations faced barriers to accessing treatment for kidney cancer, and when treatment is received, it is often more invasive.

Conclusions: Indigenous populations in Canada and U.S. have a disproportionately higher burden of kidney cancer. These findings highlighted the need for targeted and improved cancer

surveillance and control efforts in Indigenous populations. Culturally appropriate preventive measures are needed to address risk factors, carcinogenic exposures, target Indigenous-specific determinants of health, and reduce the unique barriers to accessing healthcare services.

INTRODUCTION

Kidney cancer is ranked as the 13th most common type of cancer globally.¹ Renal cell carcinoma (RCC) is the most prevalent form of kidney cancer and accounts for more than 90% of cases.² In 2020, there were over 431,000 new cases of kidney cancer reported worldwide, resulting in approximately 180,000 deaths.³ North America and Europe exhibit higher incidence kidney cancer rates, primarily due to improved diagnoses and greater exposures to established cancer risk factors.⁴ Risk factors linked to kidney cancer include age, sex, race, common pain medication use, smoking, obesity, hypertension, family kidney disease history, genetic and hereditary risk factors, advanced kidney disease, and workplace exposures.⁵⁻¹²

Historically, Indigenous populations experienced low rates of cancers, but in more contemporary times, incidence (including kidney cancer) has been on the rise.¹³ In an Ontario and Canadian context, rates of kidney cancer were ranked 5th most common for First Nations while 12th for the general population.¹⁴ Indigenous populations have had disproportionately elevated rates of kidney cancer incidence and mortality compared to non-Indigenous populations worldwide.¹⁴⁻¹⁶ Given this history and the current impact of kidney cancer, a systematic review of research on kidney cancer in Indigenous populations globally is needed to identify common themes and gaps and validate the need for Indigenous-informed policies, prevention strategies and treatment strategies to address a persistent health issue.

Indigenous peoples are broadly understood to be descendants of the original inhabitants of a region who maintain distinct cultural, social, political, and territorial identities despite colonization.¹⁷ This includes many distinct Nations, communities, and groups globally, including those represented in this review across Canada, the United States, Australia, and New Zealand. Indigenous populations are often examined across these countries because they share broadly comparable settler-colonial histories, health system contexts, and documented disparities in Indigenous health outcomes.¹⁷ They are also among the most frequently represented settings in Indigenous oncology and population health research, allowing for meaningful comparison across jurisdictions.¹⁸ While Indigenous Peoples within and across these countries are culturally, politically, and historically distinct, they continue to experience common structural inequities that may shape cancer incidence, access to care, and survival. Including these four countries therefore provides an opportunity to synthesize the available evidence on kidney cancer trends in Indigenous populations and identify cross-context gaps relevant to policy, prevention, and care. This review was conducted by an Indigenous and non-Indigenous led team of researchers dedicated to addressing cancer amongst Indigenous populations.

METHODS

Project support and governance

This study builds on a larger Canadian Institutes of Health Research (CIHR) grant examining cancer staging and other outcomes among First Nations, Inuit, and Métis adults in Canada. It was supported by the grant team, consisting of Indigenous and non-Indigenous academics and healthcare providers and the Joint Ontario Indigenous Health Committee (JOIHC) (previously the Joint Ontario Indigenous Cancer Committee (JOICC)). This committee is comprised of representatives from Political Territorial Organizations and First Nations, Inuit, Métis and urban Indigenous provincial organizations. The overall research objectives were shaped by discussions in face-to-face meetings with JOIHC and the grant team. Project updates were provided for discussion at annual JOIHC meetings. Throughout the project, JOIHC members were invited to participate in all stages of the work, including reviewing the final manuscript. Ethics approval (RIS Human Protocol number 37899) was obtained from the University of Toronto.

Search strategy

A structured literature review was conducted to investigate kidney cancer among Indigenous populations from 1990 to 2023. The search was informed by systematic search principles but was not designed as a formal systematic review.

The literature search was conducted using Ovid MEDLINE and EMBASE databases, including studies published until February 24, 2023. The search included full-text articles and conference abstracts from major scientific meetings. To ensure inclusivity, the search terms captured Indigenous populations across Canada and the United States (US), Australia and New Zealand. The review was restricted to articles published in English. The full search strategies used for Ovid MEDLINE and EMBASE are provided in Appendix A.

Study selection and data extraction

Retrieved references were screened for duplicates using the Mendeley Reference Manager Software. Records were then imported into Screenatron, an online systematic review software for title and abstract screening to identify relevant studies for further review. Full-text review was subsequently performed to confirm eligibility based on populations and outcomes of interest. Screening and study selection were conducted by a single reviewer.

Studies were included if they reported on kidney cancer (including subtypes such as renal cell carcinoma, clear cell carcinoma, and Wilms tumour) in Indigenous populations from Canada, the United States, Australia, or New Zealand. Studies were excluded if they did not report findings specific to Indigenous populations, did not include kidney cancer-related outcomes, or did not provide sufficient Indigenous-specific kidney cancer data to allow interpretation of relevant outcomes (e.g., incidence, mortality, survival, treatment, or risk factors). No minimum sample size threshold for Indigenous participants was applied.

For each included article, study characteristics were extracted including author, year of publication, country, and study design. Findings were synthesised narratively and grouped into key thematic areas: risk factors and exposures, stage/age-at-diagnosis, incidence, mortality, survival, treatment, cancer disparities and underrepresentation in the data.

Given the nature of the literature review, a formal risk of bias assessment was not conducted, however, study findings were interpreted in the context of study design and reported limitations.

RESULTS

Search results and study characteristics

The search strategy identified a total of 1868 records (Figure 1). After removing duplicates, 1682 articles underwent abstract and title screening, from which 136 were identified for full-text review. Ultimately, 74 articles met inclusion criteria and were included in the literature review. The majority of included studies were conducted in the US. Overall, articles were included in the study if they mentioned both kidney cancer, (including all other subtypes i.e., RCC, Clear Cell, and Wilms' tumor etc.) and Indigenous peoples. Studies were excluded if the Indigenous population was not from at least one of the four countries of focus (Canada, US, Australia, and New Zealand), or if there were insufficient data on kidney cancer outcomes among Indigenous populations, and/or if kidney cancer (including any subtype) was not mentioned. Of the 74 articles included in the review, 54 were conducted in the US and 13 in Canada, 4 in Australia, and 3 in New Zealand. Table 1 provides a summary of the papers, including the author, country, study design and thematic findings relevant to the review. The study's selection process is presented in Figure 1.

Risk factors and exposure

Across included studies, the most consistently discussed risk factors for kidney cancer in Indigenous populations were smoking, obesity, diabetes mellitus, hypertension, and environmental contaminant exposures.⁵⁻⁹ These risk factors overlap with those established in the general population, but evidence suggests they may be more prevalent or differently distributed in some Indigenous communities, potentially contributing to disproportionately higher kidney cancer incidence, mortality, and poorer outcomes.⁶⁻⁸ Watson et al. (2008) reported that American Indian males had a higher risk of kidney cancer than American Indian females and also identified cigarette smoking and tobacco use as prevalent exposures of concern.^{5, 6, 19} Physical inactivity, excessive intake of fatty foods, and high-protein diets were also commonly associated with an increased risk of kidney cancer.^{19, 20} Similarly, obesity and elevated body mass index (BMI) have been proposed as important contributors to kidney cancer burden in American Indian and Alaska Native (AI/AN) populations.^{6, 21, 22} These factors were exacerbated by the discriminatory practices and systemic challenges faced by Indigenous populations. Additionally, hypertension and diabetes have been linked to kidney cancer with some studies noting a higher prevalence of

these comorbidities in Indigenous populations than what were defined as European Americans (EAs) or “White” populations (non-Indigenous, non-Hispanic, and non-Black).^{6, 22} For example, Decker et al. (2020) found a significant interaction between diabetes and First Nations status for risk of kidney cancer in those aged 60 to 74 years.⁸ They also concluded that several modifiable risk factors for kidney cancer including smoking, obesity, and hypertension, were more prevalent among First Nations peoples in Canada.

Environmental exposures to carcinogens such as arsenic, cadmium, and uranium were also identified as potential contributor to kidney cancer risk in Indigenous populations in several studies.¹⁰⁻¹² Because some Indigenous communities are disproportionately located near contaminated land or water sources, chronic exposure to harmful contaminants has been proposed as a possible contributor to kidney cancer burden. For instance, AIs are described as disproportionally exposed to these contaminants through drinking water, soil, and air relative to the general US population.^{12, 23, 24} While García-Esquinas et al. (2014) found no significant association between arsenic and cadmium with kidney cancer in AIs, they emphasized the need for further research to understand the potential relationship between these exposures and kidney cancer risk.^{10, 11} Redvers et al. (2021) similarly highlighted uranium contamination in drinking water sources on AI reservations in the US and cited emerging evidence that suggest chronic exposure to uranium may increase kidney cancer incidence.¹²

Stage and age at diagnosis

Research comparing the age and stage of kidney cancer diagnosis suggests that Indigenous populations are often diagnosed at later cancer stages and younger ages compared to non-Indigenous individuals.^{7, 22, 29} Across several studies, Indigenous patients were consistently found to be younger at diagnosis, with differences reported of approximately 5 to 10 years compared to non-Indigenous groups.^{7, 25, 30} For example, Batai et al. reported that AIs diagnosed with RCC were younger compared to what were defined as “Non-Hispanic White’s” (“NHWs”) (58.9 vs. 64.3 years), and similar findings were observed in Māori population.^{7, 30}

Multiple studies also suggest a higher likelihood of advanced stage of kidney cancer diagnosis among Indigenous populations.^{27, 28, 31} While Canadian data reported similar stage at diagnosis despite younger age at presentation, U.S.-based studies found that AI/AN patients had a higher proportion of advanced-stage RCC and were less likely to be diagnosed at an early stage compared with non-Hispanic White patients.^{26-28, 31} However, some associations were attenuated after adjustment for neighbourhood characteristics.²⁸

Incidence

Kidney cancer incidence has been consistently higher among several Indigenous populations globally, particularly in the US and Canada, compared with non-Indigenous populations. In the U.S., Melkonian et al. (2019) reported that kidney cancer incidence rates were significantly higher in AI/AN populations compared to White populations (Relative Risk (RR) = 1.66, $p < 0.05$).³² Similarly, Simard et al. (2012) reported that kidney cancer incidence was numerically

highest among AI/AN populations in both men and women. Incidence rates among AI/ANs were 29.4 per 100,000 in men and 17.0 per 100,000 in women, exceeding those reported in White, Black, Asian/Pacific Islander, and Hispanic populations. The average annual percent change was 1.9 among AI/AN men and 3.4 among AI/AN women, with only the latter reported as statistically significant ($p < .05$). However, comparative confidence intervals or p-values between groups were not provided, limiting formal inference regarding between-group differences.³³ Using 2009 to 2013 North American cancer registries, Bergersen et al. (2017) demonstrated that age-adjusted kidney cancer incidence rates among NAs were significantly higher in Arizona and New Mexico.³⁴ Gonzalez et al. (2022) also found that the age-adjusted incidence rate in Oklahoma was 32.3 per 100,000 among AI/ANs compared with 15.8 per 100,000 among White populations (IRR = 2.04).³⁵ In 2019, Batai et al. similarly reported that AIs had a significantly higher incidence of kidney cancer than “NHWs” of 1.9 times higher and was the second most diagnosed cancer among AIs.²³ Similarly, Kratzer et al. (2022) revealed that compared to non-Indigenous people, incidence rates were about two times higher for kidney cancer in AI/ANs (RR = 1.79).³⁶ Kelly et al. (2014) found that incidence rates among AN people significantly exceeded rates among US “White’s” for kidney cancer (RRmen=1.39; RRwomen= 1.90).³⁷ They reported that kidney cancer incidence rates were higher among AN men aged 70 to 79 than men of similar age and were higher among AN women aged 50 to 59 than “White” women of similar age.³⁷ Valencia et al. (2021), Palumbo et al. (2020, 2021), and Schafer et al. (2022) similarly identified a disproportionately high RCC and kidney cancer burden among AI/AN populations relative to non-Indigenous comparison groups.^{28,38–40} In contrast, Lichtensztajm et al. (2022) found that Asian American/Pacific Islanders were more likely to develop clear-cell RCC than any other renal cancer.⁴¹ Earlier studies also identified kidney cancer as among the most common cancers in AI/AN males and females, with elevated incidence and risk reported across both sexes and younger age groups.^{19,20,42,43}

This elevated burden also varies geographically. Studies conducted in the Contract Health Service Delivery Areas (CHSDA) and Indian Health Services regions consistently found higher kidney cancer incidence among AI/AN populations, particularly the Northern Plains, Alaska, Southern Plains, Southwest, Pacific Coast, and East.^{16,31,44–47} For instance, Wilson et al. (2008) found a significantly higher kidney cancer incidence among AI/AN in CHSDA counties compared to “NHW” (RR = 1.51; 95% Confidence Interval (CI):1.42-1.61), suggesting that regional variation may reflect differences in risk factor burden, environmental exposures, healthcare access, or structural inequities.³¹

In Canada, available evidence similarly suggests higher kidney cancer incidence among First Nations and some Inuit populations, with several studies reporting significantly higher rates among both men and women.^{13,15,48–53} For example, Mazereeuw et al. (2019) found that kidney cancer incidence was significantly higher in First Nations males and females compared to their non-Indigenous counterparts (RRmen = 1.66, 95%CI = 1.43–1.94; RRwomen = 2.22, 95%CI = 1.88–2.68).¹⁵ In contrast, findings from Australia and New Zealand were less consistent, with

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one study reporting lower incidence among Australians in the Northern Territory (NT) and another finding similar RCC incidence between Māori and non-Māori peoples of New Zealand despite younger age at diagnosis in Māori's population.^{30,54}

Mortality

The literature demonstrates higher kidney cancer mortality among Indigenous populations in the US, Canada, New Zealand, with more variable findings in Australia. In the US, several studies reported disproportionately high mortality among AI/AN populations. Islami et al. (2021) found that AI/AN males and females had 75% and 64% higher kidney cancer death rates, respectively.¹⁹ Similarly, three studies identified kidney cancer was a leading cause of cancer death for AI/AN men, with mortality rates twice as high than those of White populations.^{19, 55, 56} Additionally, Li et al. (2014), Foote et al. (2016), and Cobb and Paisano (1998) reported elevated mortality, including in CHSDA counties, where rates were approximately 1.9 to 2.2 times higher than in White populations.^{16, 46, 57} Valencia et al. (2021) and Kratzer et al. (2022) similarly found higher mortality among AI/AN populations, with Kratzer et al. identifying one of the largest disparities for kidney cancer (RR = 1.77).^{28, 36}

Specific regional analysis also suggests high mortality in certain U.S areas. Espey et al. (2005) found that AI/AN men had a significantly higher mortality rates for kidney cancer, with the highest regions of cases in Alaska and the Northern Plains.⁵⁹ Batai et al. (2018) found that kidney cancer mortality rates declined for US “White’s” from 1990 to 2009, but remained unchanged for NAs, who had a significantly higher mortality rate than EAs of non-Hispanic origin.⁴⁵ The mortality rate was almost twice as high in NAs as EAs, with the highest rates observed in the Southern Plains (13.7 per 100,000) and a mortality rate ratio of 3.1 among younger adults in the Southwest.⁴⁵ More recent studies also reported significantly higher mortality among AI/AN populations in Arizona (HR = 1.55, 95% CI: 1.18–2.04) and Oklahoma (mortality rate ratio = 1.98) compared with White populations.^{24, 35}

In Canada, elevated kidney cancer mortality among Indigenous populations were also reported. Jamal et al. (2021) found significantly higher mortality rates for kidney cancer among First Nations people in Ontario, while Louchini et al (2008) demonstrated higher cancer mortality rates, including kidney cancer, among Indigenous in Québec.^{13, 50} Wong et al. (2017) reported elevated kidney cancer mortality across seven studies, with higher age-adjusted mortality rate ratios for Indigenous populations, ranging from 1.24–1.70.⁴⁸

Mixed findings were reported in Australia and New Zealand. Baker et al. (2011) found significantly higher mortality rates of cancer, particularly among Indigenous females in New South Wales.⁶⁰ In contrast, Condon et al. (2004) found that NT Indigenous peoples had a lower mortality rate than the total Australian mortality rate.⁶¹ In New Zealand, Hulme and Murray (2019), found that the Māori Indigenous population have a higher mortality rate compared to their non-Māori counterparts.⁶²

Survival

Research on kidney cancer survival among Indigenous populations is relatively limited, with existing studies demonstrating mixed results. Nash et al. (2018) reported that the 5-year survival rate for kidney cancer among AI/ANs was 72.2%.⁶³ They further analyzed the survival rates by age and sex and found that individuals over the age of 65 had a higher risk of death (HR = 3.53, 95%CI: 2.04, 6.12), while no significant differences were observed based on sex.⁶³ The study revealed that kidney cancer survival rates did not change significantly between the time periods of 1992-2002 and 2003-2013.⁶³ In contrast, Dasgupta et al. (2022) found that Aboriginal and Torres Strait Islander peoples had a diagnosed with kidney cancer had a higher risk of death within 5 years of diagnosis compared to other Australian, with nearly 20% of the observed deaths considered potentially preventable in the absence of survival disparities.⁶⁴

However, some studies did not demonstrate worse survival outcomes. After adjusting for clinical and sociodemographic factors, Jivanji et al. (2021) found that there was no significant association between AI/AN race and 5-year cause-specific survival (HR = 1.01, 95%CI: 0.75, 1.36).⁶⁵ However, the authors noted the need for larger sample sizes and the inclusion of data on factors such as income, comorbidities, and access to care to obtain more robust results.⁶⁵ Similarly, Withrow et al. (2017) reported no difference in survival rates for kidney cancer in First Nations people compared to their non-Indigenous counterparts in Canada,⁶⁶ while Akhavan et al. (2015) reported improved survival among NAs with RCC, though these findings were limited in small sample size.⁶⁷ Johnson et al. (2011) found that childhood Wilms tumors survival rates were significantly lower for both AI/AN and Asian/Pacific Islander children compared to “White” children.⁵⁸ A New Zealand study by Jeffereys et al. (2009) determined that the Māori population had a poorer survival rate from all cancers (including kidney cancer) compared to non-Māori peoples; however, that in relation to socioeconomic inequalities, ethnicity was not a confounding factor and further research was required.⁶⁸

Interventions and treatment

Depending on cancer stage at diagnosis, interventions and treatments for kidney cancer vary in their effectiveness and invasiveness.⁶⁹ Indigenous populations experience surgical and treatment disparities which contribute to higher risk of mortality from kidney cancer.^{69, 70} Recent studies have reported that AI/ANs were less likely to receive surgical treatments for RCC compared to “NHWs” and, among those who underwent nephrectomy, had increased odds of receiving radical rather than partial nephrectomy.^{25, 69, 70} Given that partial nephrectomy is preferred for localized disease and radical nephrectomy when not feasible, this pattern may suggest differences in stage at presentation, tumour characteristics, or access to care.^{25, 69, 70} While surgical disparities were more frequently reported, comparatively little literature addressed access to systemic therapies for advanced or metastatic kidney cancer. This represents an important gap, as inequities in access to targeted therapy, immunotherapy, or oncology care pathways may also contribute to poorer outcomes in Indigenous populations.⁷¹

Barriers such as inadequate access to healthcare and insurance coverage are two of many reasons for the disparities seen in kidney cancer treatment and outcomes in Indigenous

populations. According to Markin et al. (2013), AI cancer patients were more likely to undergo cancer surgery at rural hospitals than “NHW” patients.⁷² However, residing and receiving care in rural locations often limits access to other forms of medical care.⁷² Further, Guadagnolo et al. (2014) showed that AI cancer patients, including kidney cancer patients, were less likely to enroll in hospice care compared to “NHW” patients in their last 6 months of life.⁷³ According to the authors, lower hospice enrollment rates can be attributed to the absence of Indian Health Service and tribally operated hospice programs located in or near AI reservations.⁷³

Hammond et al. (2017) identified social, historical, and institutional barriers to cancer care among First Nations women in Canada, including challenges accessing treatment and supportive care within or close to their community and felt disconnected from healthcare and supportive professionals who were not locally based.⁷⁴ First Nations participants shared that their community clinics lacked sufficient funds to provide adequate care and support for cancer survivors.⁷⁴ Historical and present-day medical mistrust and dissatisfaction with healthcare services are common obstacles to kidney cancer treatment and improved kidney cancer outcomes. Quinonez-Zanabria et al. (2021) state that access to specialized cancer care, cancer information, and culturally competent care is limited for AI/AN patients.⁷⁵ They illustrated that even when healthcare is available, there are delays in receiving surgery and other treatments.⁷⁵

In a randomized controlled trial by Hodge et al. (2022), a culturally tailored intervention was implemented to manage individual cancer symptoms, including those from kidney cancer.⁷⁶ The intervention included educational curriculum, cancer information, and instruction on self-managing cancer symptoms.⁷⁶ The intervention group showed positive outcomes compared to the control group, including improved pain, depression, fatigue, and loss of function management in AI adults.⁷⁶

Disparities and underrepresentation in data

Indigenous populations worldwide are significantly underrepresented in kidney cancer data used for public health and medical research.⁷⁷⁻⁷⁹ In 2021, Wolff et al. evaluated the National Cancer Database (NCDB), which captures new cancer diagnoses in the US, to determine its coverage rate by race.⁷⁷ Their study revealed that AI/AN subjects exhibited the lowest capture rates for all major cancers, including kidney cancer, when compared to “White”, Black, and Asian/Pacific Islander subjects.⁷⁷ Similarly, Javier-DesLoges et al. confirmed these findings in their recent investigation of NCDB in 2022, which examined the underrepresentation of AI/ANs through a retrospective cohort of patients specifically diagnosed with kidney cancer.⁷⁸ Their study concluded that compared to “NHWs”, AI/ANs had the lowest capture rate in NCDB, capturing less than 55% of kidney cancer cases.⁷⁸ Furthermore, Taparra et al.'s (2022) cohort study cautioned against aggregating data on Indigenous groups with other populations, as improper aggregation could conceal disparities among Indigenous populations in data that could impact health policies.⁷⁹

DISCUSSION

Kidney cancer outcomes among Indigenous populations

This literature review provides an overview of the current state of kidney cancer among Indigenous populations in the US, Canada, Australia and New Zealand. The majority of the articles included were from the US. Across all study regions, findings consistently demonstrated higher rates of kidney cancer incidence among Indigenous compared to non-Indigenous populations. These findings emphasize the urgent need for improved surveillance and timely, specialized control strategies to address the high incidence and mortality rates of kidney cancer among Indigenous populations worldwide. Moreover, this review highlights the need for targeted, evidence-informed approaches that address underlying social determinants of health. This encompasses delivering healthcare that is equitable, targeted, and culturally safe, with the goal of reducing barriers and improving access to timely diagnosis and treatment. Additionally, it is imperative to acknowledge that these disproportionate rates of kidney cancer, along with other adverse health outcomes, stem from systemic racism entrenched within the healthcare system, compounded by intergenerational trauma that continues to afflict Indigenous individuals to this day. Systemic racism within healthcare systems can manifest through unequal access to diagnostic and treatment services, experiences of discrimination or dismissal within clinical encounters, and a lack of culturally appropriate care, all of which can contribute to delayed diagnosis, reduced engagement with healthcare services, and poorer health outcomes for Indigenous patients.^{80,81} Experiences of racism in healthcare have also been shown to reduce healthcare access, delay care seeking, and contribute to mistrust of healthcare systems, further exacerbating health inequities.⁸² Intergenerational trauma, rooted in the historical and ongoing impacts of colonial policies such as residential schools, can further influence health by shaping trust in healthcare institutions, contributing to avoidance of care, and increasing exposure to social and structural determinants of health that elevate cancer risk and limit access to timely treatment.^{83,84}

There are gaps in the literature, particularly around survival data for kidney cancer where the few articles identified had mixed results. Furthermore, the studies highlighted the ongoing disparities and underrepresentation of Indigenous data, which is crucial for informing health policies and improving health outcomes.⁸⁵

Several articles examined risk factors and carcinogenic exposures that could increase the likelihood of developing kidney cancer. Due to the direct impacts of colonialism, Indigenous populations often live in rural areas where they face disproportionate risk factors and exposures. The geographical placement of Indigenous communities in rural areas, particularly in proximity to industrial zones, can elevate their exposure to carcinogenic chemicals, thus increasing risks to health. Residing in these rural settings presents a significant barrier due to limited resources and high costs associated with the need to travel considerable distances for healthcare access, compounded by transportation challenges. Studies consistently reveal that the treatment for kidney cancer among Indigenous populations, particularly in rural areas, tends to be more invasive.

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To address these barriers, the literature points to several priority policy and practice approaches. First, improving access to specialized and reliable medical travel services is critical for Indigenous patients living in rural and remote communities, where distance, cost, and time away from family and community remain major barriers to accessing cancer care. Research with Inuit patients travelling for cancer care has shown that travel itself can shape whether and how care is accessed, and broader Canadian evidence has highlighted the need to improve medical travel experiences for people from remote regions.^{86,87}

Second, increasing Indigenous patient navigator programs have been identified as an important strategy to support Indigenous patients across the cancer journey by facilitating access to services, coordinating care, addressing cultural and spiritual needs, arranging translation and transportation supports, and helping make care more culturally safe.^{88,89} Evidence from broader literature also suggests that patient navigation can improve care coordination and patient experience for Indigenous populations.⁹⁰

Third, ensuring the delivery of culturally safe care is essential to addressing systemic barriers and improving trust in the healthcare system. Evidence from Canadian research indicates that culturally safe care requires collaboration with Indigenous communities, provider self-reflection, attention to power dynamics, and the creation of safe and respectful care environments.⁹¹ In cancer-specific contexts, culturally safe care has also been described as involving family and community, incorporating culture as healing, and explicitly addressing systemic racism within healthcare systems.^{92,93}

In Ontario, relevant system-level examples include the First Nations, Inuit, Métis and Urban Indigenous Cancer Strategy; Indigenous patient navigator roles embedded in regional cancer programs; culturally relevant education resources for Indigenous communities; Indigenous Relationship and Cultural Awareness training for providers; and Indigenous-specific screening research and knowledge translation initiatives developed with Métis and First Nations partners.^{94,95} The Joint Ontario Indigenous Health Committee (JOIHC), formerly the Joint Ontario Indigenous Cancer Committee (JOICC), continues to serve as an Indigenous advisory table guiding these priorities.⁹⁶

Therefore, the literature underscores the importance of adopting targeted, culturally appropriate and evidence-informed interventions to address both elevated risk factors and persistent barriers to kidney cancer care among Indigenous populations.

As future research progresses, it is crucial that Indigenous data is collected properly, respectfully, and in collaboration with Indigenous organizations and communities. This process should be distinction-based, culturally sensitive, and incorporate appropriate training. Strengthening Indigenous data governance and ensuring community ownership and control of data are also critical to producing meaningful and actionable evidence. Only through meaningful, respectful, and ongoing collaboration with Indigenous partners and communities can improvements truly be made within Indigenous health on a global scale.

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FIGURES AND TABLES

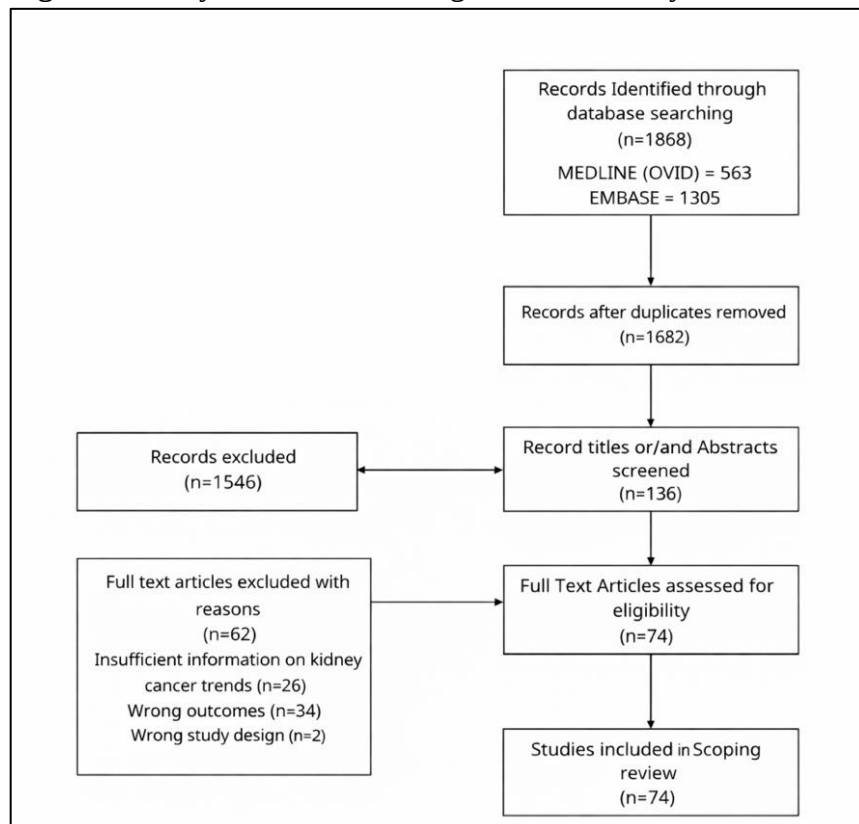
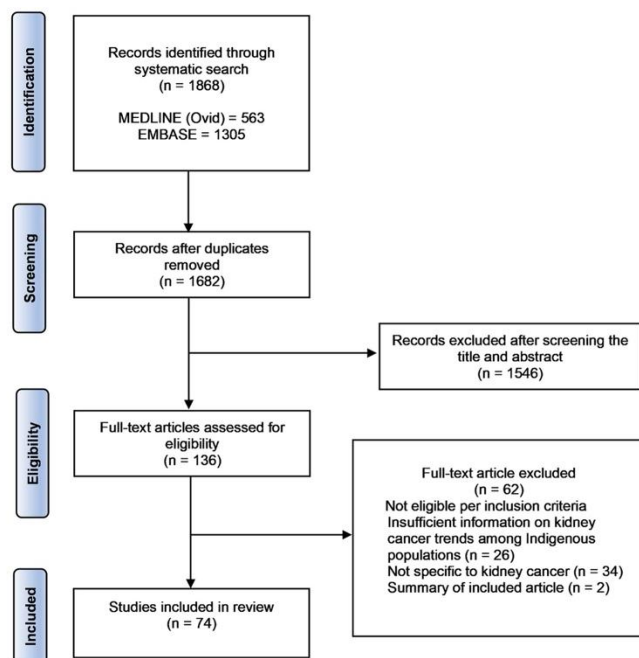
Figure 1. Study selection flow diagram for the study selection.

Figure 2. Identification of studies via databases.

Year	Thematic relevancy	Country	Study design
1991	Incidence	U.S./Canada	Meta-analysis
1993	Incidence	Canada	Retrospective cohort
1993	Incidence	U.S.	Retrospective cohort
1994	Age-at-diagnosis, survival, incidence	New Zealand	Retrospective cohort
1996	Incidence	U.S./Canada	Retrospective cohort
1996	Risk factors, incidence	U.S./Canada	Retrospective cohort
1998	Mortality	U.S.	Retrospective cohort
2004	Mortality	Australia	Retrospective cohort
2004	Incidence, mortality, survival	U.S.	Retrospective cohort
2004	Incidence	U.S.	Retrospective cohort
2005	Incidence, survival	Australia	Retrospective cohort
2005	Mortality	U.S.	Retrospective cross-sectional
2008	Incidence, mortality	Canada	Retrospective cohort
2008	Risk factors, incidence, mortality	U.S.	Literature review/commentary
2008	Risk factors, incidence	U.S.	Retrospective cohort

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2008	Incidence	U.S.	Retrospective cohort
2008	Stage-at-diagnosis, incidence	U.S.	Retrospective cohort
2009	Survival	New Zealand	Retrospective cohort
2010	Survival	U.S.	Retrospective cohort
2011	Survival	U.S.	Retrospective cohort
2012	Mortality, survival, treatment	Australia	Retrospective cohort
2012	Incidence	U.S.	Retrospective cross-sectional
2013	Exposure	U.S.	Retrospective cohort
2013	Age-at-diagnosis, treatment	U.S.	Retrospective cohort
2014	Exposure	U.S.	Retrospective cohort
2014	Treatment	U.S.	Retrospective cohort
2014	Incidence	U.S.	Retrospective cohort
2014	Incidence, mortality	U.S.	Retrospective cohort
2015	Survival	U.S.	Retrospective cohort
2019	Incidence	U.S.	Retrospective case-cohort
2016	Risk factors, incidence, mortality	U.S.	Retrospective cohort
2017	Incidence	U.S.	Retrospective cohort
2017	Treatment	Canada	Qualitative (Phenomenology)
2017	Risk factors, incidence	U.S.	Retrospective cohort
2017	Survival	Canada	Retrospective cohort
2017	Risk factors, incidence, mortality, survival	Canada	Systematic review
2018	Stage-at-diagnosis, survival, treatment	Canada	Retrospective cohort
2018	Risk factors, incidence, mortality, survival, treatment	U.S.	Literature review
2018	Incidence	Canada	Retrospective cohort
2018	Survival	U.S.	Retrospective cohort
2019	Incidence	New Zealand	Retrospective cohort
2019	Incidence	U.S.	Retrospective cohort
2019	Age-at-diagnosis	U.S.	Retrospective cross-sectional
2019	Risk factors, age-at-diagnosis	U.S.	Retrospective cohort
2019	Risk factors	U.S.	Literature review
2019	Stage-at-diagnosis, age-at-diagnosis, treatment	Canada	Retrospective cohort
2020	Survival	U.S.	Retrospective cohort
2020	Mortality	U.S.	Retrospective cohort
2020	Treatment	U.S.	Retrospective cohort

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2020	Risk factors, age-at-diagnosis	U.S.	Retrospective cohort
2020	Risk factors	Canada	Retrospective case-cohort
2020	Incidence	U.S.	Retrospective case-cohort
2020	Stage-at-diagnosis	U.S.	Retrospective cohort
2021	Mortality, cancer disparities	U.S.	Retrospective cohort
2021	Risk factors, mortality, survival	U.S.	Retrospective cohort
2021	Incidence, mortality	Canada	Retrospective cohort
2021	Survival	U.S.	Retrospective cohort
2021	Incidence, survival	U.S.	Retrospective cohort
2021	Treatment	U.S.	Retrospective case series
2021	Exposure	U.S.	Commentary
2021	Risk factors, mortality	U.S.	Retrospective cohort
2021	Underrepresentation in data	U.S.	Retrospective cohort
2022	Prevalence/subtype	U.S.	Retrospective cohort
2022	Treatment	U.S.	Retrospective cohort
2022	Survival	Australia	Retrospective cohort
2022	Stage-at-diagnosis	U.S.	Retrospective cohort
2022	Age-at-diagnosis, mortality, treatment	U.S.	Retrospective cohort
2022	Incidence, mortality	U.S.	Retrospective cohort
2022	Treatment	U.S.	Randomized controlled trial
2022	Underrepresentation in data	U.S.	Retrospective cohort
2022	Risk factors, incidence, mortality	U.S.	Retrospective cohort
2022	Incidence	U.S.	Retrospective cohort
2022	Incidence	U.S.	Retrospective cohort
2022	Survival, cancer disparities	U.S.	Retrospective cohort