

APPENDIX

--

Table 5

Results of simple regression analyses

Direct effect

	HRQoL mental component					HRQoL physical component				
	coefficients	β	95 % CI	t stat	p-values	coefficients	β	95 % CI	t stat	p-values
IPAQ	0.228	0.007	-1.159 – 1.615	0.327	0.744	0.870	0.116	-0.857 – 2.598	1.004	0.319

*IC : confidence interval

Indirect effect

	Emotional distress					HRQoL mental component					HRQoL physical component				
	coefficients	β	95 % CI	t stat	p-values	coefficients	β	95 % CI	t stat	p-values	coefficients	β	95 % CI	t stat	p-values
IPAQ	-0.063	-0.007	-0.730 – 0.605	-0.188	0.852										
Emotional Distress						-1.012	-1.012	-0,362 – -0.152	-4.887	<0.001	-0.718	-0.718	-0.205 – -0.021	-2.451	0.017

*IC : confidence interval