

Contemporary risk factors for ureteral stricture following renal transplantation

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Abstract

Introduction: Allograft ureteral strictures after renal transplantation impact graft function and increase patient morbidity. They can be challenging to treat and may require complex surgical repair. Therefore, the objective of this study was to identify contemporary risk factors for the development of post-renal transplant ureteral strictures.

Methods: A retrospective analysis was performed on all renal transplant patients at Vancouver General Hospital from 2008–2019. Demographics, clinical parameters, and outcomes were compared between patients who did and did not develop ureteral strictures. Putative risk factors for ureteral stricture were analyzed using logistic regression.

Results: A total of 1167 patients were included with a mean followup of 61.9 ± 40.8 months. Ureteral strictures occurred in 25 patients (2.1%). Stricture patients had no demographic differences compared to non-stricture patients but had significantly higher rates of postoperative complications, longer hospital stays, and decreased renal function one year post-transplant (all $p < 0.05$). On multivariable analysis, cold ischemia time > 435 minutes (odds ratio [OR] 43.9, confidence interval [CI] 1.6–1238.8, $p = 0.027$), acute rejection (OR 3.0, CI 1.1–7.4, $p = 0.027$), and postoperative complications (OR 112.4, CI 2.4–5332.6, $p = 0.016$) were risk factors for stricture.

Conclusions: Renal transplant patients with ureteral stricture experience greater morbidity and reduced post-transplant renal function compared to non-stricture patients. Our findings support attempts to reduce cold ischemia time, acute rejection, and postoperative complications to mitigate this potential complication. Our study is limited by the low incidence of ureteral stricture resulting in a small sample of stricture patients. Future research in a larger, multicenter setting is warranted.

Introduction

Renal transplantation is the gold standard renal replacement therapy, with established benefits in improving quantity and quality of life for end-stage renal disease (ESRD) patients, and represents one of the most cost-effective healthcare measures in medicine.^{1–3} However, approximately 0.5–4.0% of patients develop a ureteral stricture after transplantation, which is associated with increased morbidity, can threaten graft function, and may require complex surgical repair.⁴

Streeter et al suggested that post-transplant ureteral complications are caused by either surgical errors, including injury to the ureteral blood supply during harvest, or failed tissue healing, which is influenced by infection, ischemia, and inflammation.^{5,6} In fact, multiple studies have hypothesized that ischemia is the most responsible factor for ureteral stricture.^{7,8} This hypothesis is based on the observation that the number of allograft arteries, donor age, and delayed graft function have been associated with an increase in ureteral strictures.^{1,5,7,9} Inflammation resulting from acute rejection has also been implicated as a risk factor for ureteral stricture.^{10–12}

Although post-renal transplant ureteral strictures have been studied, the majority of analyzed data stems from the 1970s to the early 2000s. Over the last two decades, renal transplantation has evolved significantly. Advances in immunosuppression and machine perfusion have facilitated the use of expanded criteria donors, while new diagnostic techniques have led to earlier detection of and intervention for antibody-mediated rejection.^{13,14} Therefore, this study aimed to re-examine risk factors for ureteral stricture in a contemporary patient cohort using a local database review. We hypothesize that factors associated with poor tissue healing and inflammation, including poor donor quality, long ischemic time, delayed graft function, and acute rejection, may be associated with ureteral stricture formation.

Methods

Patients

This study was conducted under an approved University of British Columbia Clinical Research Ethics Board certificate (H19-03830). A retrospective analysis was completed on all patients who received a renal transplant at Vancouver General Hospital between January 2008 and December 2019. Demographic, clinicopathological, and outcome data were extracted from the Patient Records and Outcome Management Information System (PROMIS) maintained by the Provincial Renal Agency (PRA) and institutional electronic medical records.

Potential risk factors for ureteral stricture were identified through a literature review and recorded. These included recipient factors (age, smoking, comorbidities, pre-transplant estimated glomerular filtration rate [eGFR], cause of ESRD, type of and days on renal replacement therapy [RRT]), immunological factors (HLA and ABO mismatch, percent panel reactive antibodies, immunosuppression induction, and maintenance regimens), and donor factors (live, biologically related, expanded criteria donor [ECD], donation after cardiac death [DCD], and number of renal veins, arteries, and ureters). All postoperative complications were documented and graded by severity on a scale of 1–5 according to Common Terminology Criteria for Adverse Events (CTCAE, v5).¹⁵ Immunosuppression regimens followed the BC clinical guidelines for kidney transplantation.¹⁶ The Lich-Gregoir extravesical reimplant technique was used for all ureteral anastomoses, and 5 French, 12 cm double J ureteric stents

were placed in all patients that underwent transplantation after 2011, following the retirement of one of the surgeons whose preference was not to stent routinely. Drains were not routinely placed. Anastomotic time, cold ischemic time, duration of surgery, stent placement, blood loss, delayed graft function, length of hospital stay, and hospital readmission rates were all documented. Duration of followup, as well as status at last followup were recorded.

Ureteral stricture was defined as any radiologically diagnosed narrowing of the ureter requiring intervention (stenting, nephrostomy tube insertion, balloon dilatation, or surgical repair) and excluded external compression of the ureter. Time to ureteral stricture, time to intervention, type of intervention, and intervention outcomes were recorded for all ureteral stricture patients.

Statistical analysis

Patients who received multiorgan or en-bloc transplants were excluded from the analysis. In addition to a descriptive analysis, demographic and clinical parameters were compared between patients who did or did not develop ureteral stricture using double-sided student T-test for continuous variables and Chi-squared or Fisher’s exact test for the binary and categorical variables. A multivariable analysis for risk factors for ureteral stricture included all statistically significant variables from the univariable analysis and all variables implicated as risk factors in previous studies. A binary logistic regression was used, and a p-value of <0.05 was considered significant.

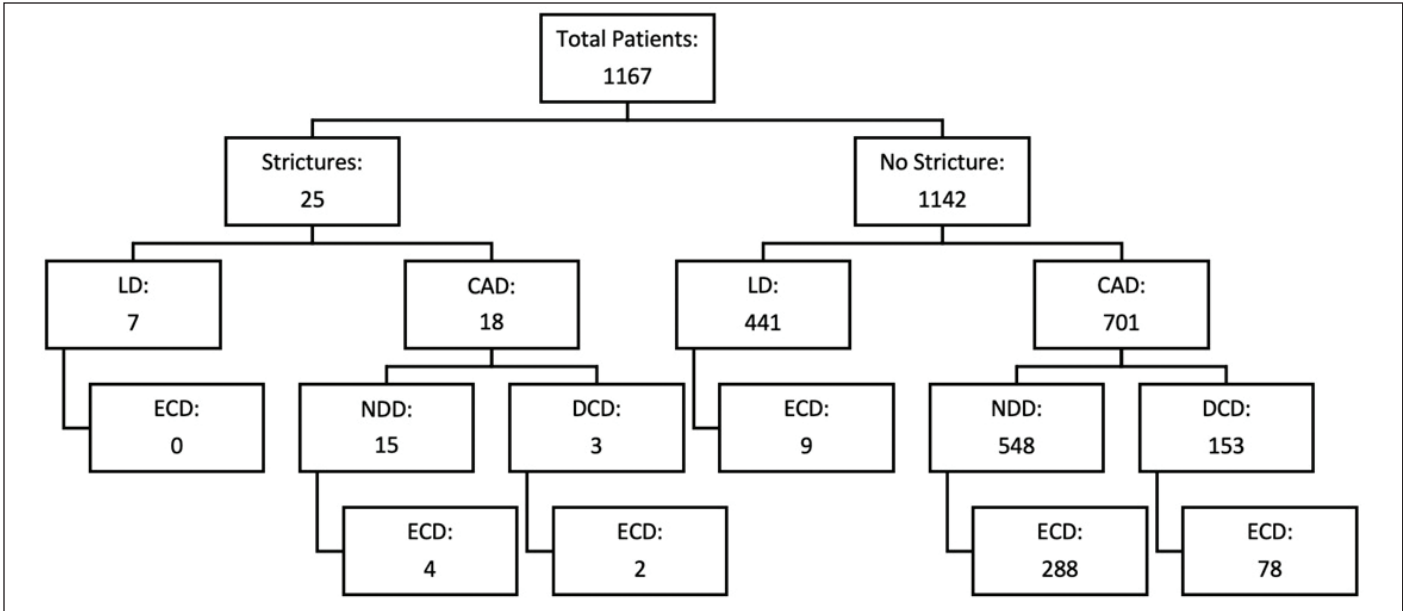


Figure 1. Allocation of patients into stricture vs no-stricture, live (LD) vs. cadaver (CAD) kidney, donation after circulatory death (DCD) vs. neurological determination of death (NDD), and standard vs. expanded criteria donor (ECD) groups.

Table 1. Recipient demographics, preoperative characteristics, and surgical parameters

		No stricture (n=1142)	Stricture (n=25)	Total (n=1167)	p
Followup, months (mean ± SD)		60.8±40.2	66.7±42.4	61.2±40.3	0.503
Age, years (mean ± SD)		52.4±13.7	56.0±10.0	52.5±13.6	0.087
Body mass index, kg/m ² (mean ± SD)		26.8±5.9	27.5±4.4	26.8±5.9	0.591
Hypertension, n (%)		1079 (95.3%)	25 (100%)	1104 (95.4%)	0.625
Smoker, n (%)	Current	102 (9.0%)	2 (8.0%)	104 (9.0%)	0.139
	Remote	339 (29.9%)	12 (48.0%)	351 (30.3%)	
	Never	691 (61.0%)	11 (44.0%)	702 (60.7%)	
ABO, n (%)	O	476 (41.9%)	9 (36.0%)	485 (41.8%)	0.953
	A	419 (36.9%)	10 (40.0%)	429 (37.0%)	
	B	178 (15.7%)	5 (20.0%)	183 (15.8%)	
	AB	61 (5.4%)	1 (4.0%)	62 (5.3%)	
Renal replacement therapy, n (%)	Hemodialysis	567 (50.0%)	8 (32.0%)	575 (50.0%)	0.166
	Peritoneal dialysis	378 (33.3%)	13 (52.0%)	391 (33.7%)	
	Pre-dialysis	166 (14.6%)	4 (16.0%)	170 (14.7%)	
	Unknown	24 (2.1%)	–	24 (2.1%)	
Etiology of end-stage renal disease, n (%)	Solitary kidney	14 (1.2%)	–	14 (1.2%)	0.443
	Reflux	20 (1.8%)	–	20 (1.7%)	
	Obstruction	26 (2.3%)	–	26 (2.2%)	
	Diabetes	343 (30.4%)	5 (20.0%)	348 (30.2%)	
	Hypertension	12 (1.1%)	1 (4.0%)	13 (1.1%)	
	Drug induced	11 (1.0%)	1 (4.0%)	12 (1.0%)	
	Glomerulo-nephritis	368 (32.6%)	10 (40.0%)	378 (32.8%)	
	Congenital	32 (2.8%)	1 (4.0%)	33 (2.9%)	
	Cystic kidney disease	114 (10.1%)	2 (8.0%)	116 (10.1%)	
	Renal vascular disease	87 (7.7%)	4 (16.0%)	91 (7.9%)	
	Other	27 (2.4%)	–	27 (2.3%)	
	Unknown	75 (6.6%)	1 (4.0%)	76 (6.6%)	
Transplant number, n (%)	First	1038 (91.5%)	24(96.0%)	1062 (91.6%)	1.000
	Second	77 (6.8%)	1 (4.0%)	78 (6.7%)	
	Third	17 (1.5%)	–	17 (1.5%)	
	Fourth	2 (0.2%)	–	2 (0.2%)	
Days on dialysis (mean ± SD)		1131±1041	1461±1014	1139±1039	0.117
% panel reactive antibodies (mean ± SD)		20.5±32.7	30.8±40.1	20.8±31.2	0.071
HLA-A mismatch, n (%)	0	151 (15.0%)	3 (12.5%)	154 (15.0%)	0.635
	1	523 (52.0%)	15 (62.5%)	538 (52.3%)	
	2	331 (32.9%)	6 (25.0%)	337 (32.8%)	
HLA-B mismatch, n (%)	0	77 (7.7%)	–	77 (7.5%)	0.088
	1	371 (36.9%)	14 (58.3%)	385 (37.4%)	
	2	557 (55.4%)	10 (41.7%)	567 (55.1%)	
HLA-DR mismatch, n (%)	0	114 (11.3%)	4 (16.7%)	118 (11.5%)	0.422
	1	493 (49.1%)	13 (54.2%)	506 (49.2%)	
	2	398 (39.6%)	7 (29.2%)	405 (39.4%)	
Immunosuppressive induction, ¹ n (%)	None	18 (1.6%)	1 (4.0%)	19 (1.7%)	0.454
	Basiliximab	807 (72.4%)	18 (72.0%)	825 (72.4%)	
	ATG	289 (25.9%)	6 (24.0%)	295 (25.9%)	
Anastomosis time, minutes (mean ± SD)		34.8±10.7	32.6±9.9	34.7±10.6	0.362
Surgery duration, minutes (mean ± SD)		227±64.6	242±62.8	227±64.5	0.371
Estimated blood loss, ml (mean ± SD)		181±190	174±133	180±189	0.866
Stent placement, n (%)		1086 (95.8%)	23 (92.0%)	1109 (95.7%)	0.294
Days stent in place, days (mean ± SD)		46.7±10.9	44.5±25.9	46.6±11.4	0.680

¹All patients also received methylprednisolone as part of their immunosuppression induction. ATG: anti-thymoglobulin; Pred: prednisone; RST: rapid steroid taper; SD: standard deviation.

Table 2. Initial patient transplant outcomes

		No stricture (n=1142)	Stricture (n=25)	Total (n=1167)	p
Followup (months; mean ± SD)		60.8±40.2	66.7±42.4	61.2±40.3	0.474
Recipient eGFR 1-month post-transplant, ml/min/1.73 m ² (mean ± SD)		49.8±19.8	38.8±21.3	49.5±20.0	0.007
Recipient eGFR 1-year post-transplant, ml/min/1.73 m ² (mean ± SD)		57.4±19.8	46.2±17.4	57.1±19.8	0.005
Length of stay in hospital, days (mean ± SD)		8.2±6.5	13.5±9.6	8.3±6.7	<0.001
Readmission within 30 days, n (%)		95 (8.4%)	4 (16.0%)	99 (8.5%)	0.158
Delayed graft function, ¹ n (%)		235 (20.9%)	9 (36.0%)	244 (21.2%)	0.082
Urinoma, ² n (%)		3 (0.3%)	1 (4.0%)	4 (0.3%)	0.084
Hematoma	Total, n (%)	179 (15.8%)	8 (32.0%)	187 (16.0%)	0.048
	Grade 1 ³	71 (6.3%)	2 (8.0%)	73 (6.3%)	
	Grade 2	65 (5.7%)	2 (8.0%)	67 (5.8%)	
	Grade 3	34 (3.0%)	3 (12.0%)	37 (3.2%)	
	Grade 4	8 (0.7%)	1 (4.0%)	9 (0.8%)	
	Grade 5	1 (0.1%)	–	1 (0.1%)	
Lymphocele/seroma	Total, n (%)	34 (3.0%)	2 (8.0%)	36 (3.1%)	0.180
	Grade 1	12 (1.1%)	1 (4.0%)	13 (1.1%)	
	Grade 2	4 (0.4%)	–	4 (0.3%)	
	Grade 3	18 (1.6%)	1 (4.0%)	19 (1.6%)	
Fascial wound dehiscence	Total, n (%)	25 (2.2%)	3 (12.0%)	28 (2.4%)	0.020
	Grade 1	10 (0.9%)	–	10 (0.8%)	
	Grade 2	6 (0.5%)	1 (4.0%)	7 (0.6%)	
	Grade 3	8 (0.7%)	2 (8.0%)	10 (0.9%)	
	Grade 4	1 (0.1%)	–	1 (0.1%)	
Abscess	Total, n (%)	11 (1.0%)	3 (12.0%)	14 (1.2%)	0.003
	Grade 2	3 (0.3%)	–	3 (0.3%)	
	Grade 3	7 (0.6%)	3 (12.0%)	10 (0.9%)	
	Grade 4	1 (0.1%)	–	1 (0.1%)	
Wound infection	Total, n (%)	28 (2.5%)	2 (8.0%)	30 (2.6%)	0.135
	Grade 1	2 (0.2%)	–	2 (0.2%)	
	Grade 2	25 (2.2%)	2 (8.0%)	27 (2.3%)	
	Grade 3	1 (0.1%)	–	1 (0.1%)	
Urinary tract infection, n (%)		315 (27.8%)	14 (56.0%)	329 (28.4%)	0.002
Renal artery thrombosis	Total, n (%)	8 (0.7%)	–	8 (0.7%)	1.000
	Grade 1	3 (0.3%)	–	3 (0.3%)	
	Grade 2	1 (0.1%)	–	1 (0.1%)	
	Grade 3	4 (0.4%)	–	4 (0.3%)	
Renal vein thrombosis	Total, n (%)	8 (0.7%)	–	8 (0.7%)	1.000
	Grade 1	1 (0.1%)	–	1 (0.1%)	
	Grade 3	6 (0.5%)	–	6 (0.5%)	
	Grade 4	1 (0.1%)	–	1 (0.1%)	
Graft rejection	Total, n (%)	154 (13.6%)	8 (32.0%)	162 (14.0%)	0.016
	Cell-mediated	122 (10.7%)	4 (16.7%)	126 (10.9%)	
	Antibody-mediated	11 (1.0%)	2 (8.3%)	13 (1.1%)	
	Both	12 (1.1%)	1 (4.2%)	13 (1.1%)	
BK viremia		Unknown	3 (12.0%)	Unknown	N/A
Time to graft rejection, days (mean ± SD)		172±425	653±1159	198±497	0.280
Other complication, n (%) ⁴		425 (37.5%)	18 (72.0%)	443 (38.2%)	0.001
Graft failure, n (%)		107 (9.4%)	2 (8.0%)	109 (9.4%)	1.000

¹Defined as dialysis required in first week after transplantation. ²All grade 3 complications. ³Complications were graded by Common Terminology Criteria for Adverse Events (CTCAEv5).

⁴Includes all complications resulting from the transplantation and immunosuppression (NSTEMI, *C. difficile*, urethral stricture, pneumocystis jirovecii pneumonia, etc.). SD: standard deviation.

Results

A total of 1167 patients receiving a renal transplant at Vancouver General Hospital between January 2008 and December 2019 were included in this study (Figure 1). Patient demographics are summarized in Table 1. Deceased donor renal transplants were more common than live donor transplants in both stricture and non-stricture groups (61.6%) (Supplementary Table 1; available at cuaj.ca). Of the deceased donors, 21.6% were DCD and 51.7% were from ECDs. Only 2.0% of live donors were ECDs, while 41.3% were related.

The vast majority of patients had ureteral stents placed intraoperatively (95.8%), which were left in place for a mean of 46.6 ± 11.4 days. Nineteen patients (1.7%) were identical HLA matches to their donors and thus received only methylprednisolone as immunosuppression induction. Patients with HLA mismatch were induced with basiliximab or anti-thymocyte globulin (ATG). Basiliximab with a rapid steroid taper was administered in 46.9% of patients. Patients were most commonly maintained on tacrolimus (99.2%) and mycophenolate mofetil (MMF, 91.6%). Patients who did not tolerate MMF received mycophenolate sodium (MYF, 5.8%), azathioprine (AZA, 2.0%), or sirolimus (SIR, 0.3%).

Twenty-five of 1167 patients (2.1%) developed a ureteral stricture at a mean of 107 days post-transplant (range 3–642 days) (Supplementary Table 2; available at cuaj.ca). Diagnoses were made using antegrade pyelograms through nephrostomy tubes placed due to hydronephrosis and renal dysfunction. Ureteral strictures were managed with balloon dilatation ($n=8$), surgical repair ($n=8$), balloon dilatation followed by surgical repair ($n=3$), or stenting ($n=6$). Only 12% of patients required chronic stenting, while 84% were cured. All patients who underwent balloon dilatation or surgery were cured with no recurrence of stricture. Demographics, donor characteristics, and pre-stricture treatment details did not differ significantly between patients with and without a ureteral stricture on a univariable analysis.

Table 2 highlights functional outcomes and postoperative complications between groups. Stricture patients had more postoperative complications, including fascial wound dehiscence, hematoma, abscess, urinary tract infection (UTI), and graft rejection (all $p<0.05$), and an increased length of stay in hospital (13.5 ± 9.6 vs. 8.2 ± 6.5 days, $p=0.01$). In six stricture patients, discharge was delayed due to complications requiring repeat surgeries (hemorrhage, wound dehiscence, intra-abdominal abscess), while three required admission to the intensive care unit (anaphylaxis, cardiac arrest, hypotension), and one had a stricture repair prior to discharge. Allograft survival (Figure 2) and overall survival (Figure 3) were not different between stricture and non-stricture patients.

Using a receiver operating characteristic curve, we identified a cold ischemia time (CIT) of 435 minutes as the opti-

mal cutoff for predicting ureteral stricture (sensitivity 76%, specificity 59%). In the multivariable analysis (Table 3), cold ischemic time >435 minutes (odds ratio [OR] 43.9, 95% confidence interval [CI] 1.6–1238.8, $p=0.027$), acute rejection (OR 3.0, CI 1.1–7.4, $p=0.027$), and postoperative complications (OR 112.4, CI 2.4–5332.6, $p=0.016$) were significant risk factors for ureteral stricture. The number of stricture events did not justify analyzing each type of postoperative complication individually in the multivariable analysis, but, if analyzed in this way, deep infections (urinoma [OR 73.5, CI 3.4–1589, $p=0.006$], abscess [OR 20.5, CI 2.6–162.8, $p=0.004$], and UTI [OR 3.7, CI 1.5–9.3, $p=0.004$]) were the only significant postoperative complications. When included in the multivariable analysis, allograft side (right vs. left donor kidney) was not a significant risk factor for stricture ($p=0.831$). A separate multivariable analysis including only deceased donor transplants was run and demonstrated that DCD, when compared to a neurological determination of death, is not a risk factor for ureteral stricture (OR 0.63, CI 0.16–2.5, $p=0.51$).

Discussion

We observed an overall transplant ureteral stricture rate of 2.1% after a mean followup of five years. CIT >435 minutes, acute rejection, and postoperative complications were adverse risk factors, supporting the hypothesis that variables associated with ischemia, inflammation, and infection are associated with a higher risk of ureteral stricture.

Delayed graft function (DGF), an indirect indicator of ischemia, is the most commonly described risk factor for ureteral stricture.^{4,5,9,17} CIT is a direct measure of ischemia that typically correlates with DGF because DGF often develops due to the ischemic and re-perfusion damage following prolonged CIT.¹¹ However, prior studies failed to show a direct relationship between CIT and ureteral stricture.^{1,4,17} This may be because they analyzed CIT as a continuous rather than binary variable. In our study, CIT, instead of DGF, was a risk factor for ureteral stricture, and was only significant when assessed as a binary variable. There are no studies examining the histopathological effects of ischemia time on the ureter.

In addition to pre-transplant ischemia time, poor post-transplant perfusion can result in ureteral ischemia. The presence of >2 renal arteries and advanced donor age have been implicated as risk factors for ureteral stricture. Carter et al suggested that the presence of multiple allograft arteries is correlated with poor inferior pole perfusion, leading to relative ureteral ischemia, while Karam et al proposed that the quality of the vascular supply to the ureters declines with age.^{7,18} However, these were not significant risk factors for ureteral stricture in our study. This may be due to the relatively low number of patients with older donor age and >2 arteries in our series ($n=102$ aged >65 and $n=35$ with >2 renal arteries).

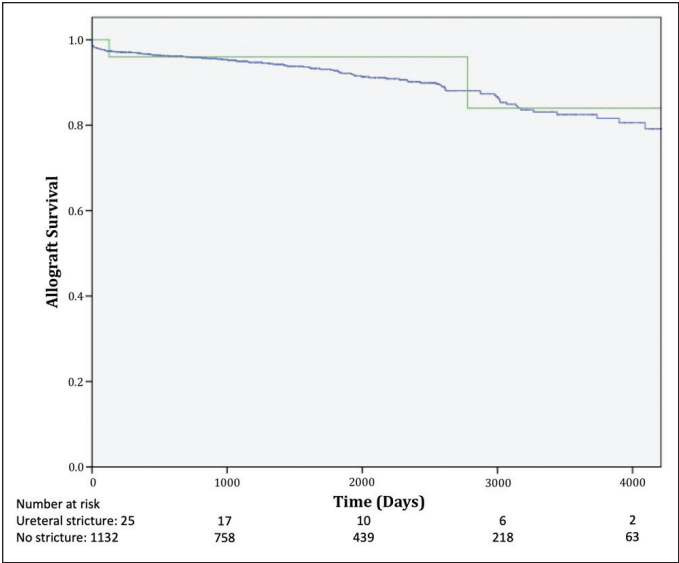


Figure 2. Death-censored allograft survival after renal transplantation for patients who did (green) and did not (blue) develop a ureteral stricture. Allograft survival is defined as patients not requiring dialysis or repeat transplantation. Numbers below the x-axis represent the number of patients at risk in each group (Mantel-Cox $p=0.683$).

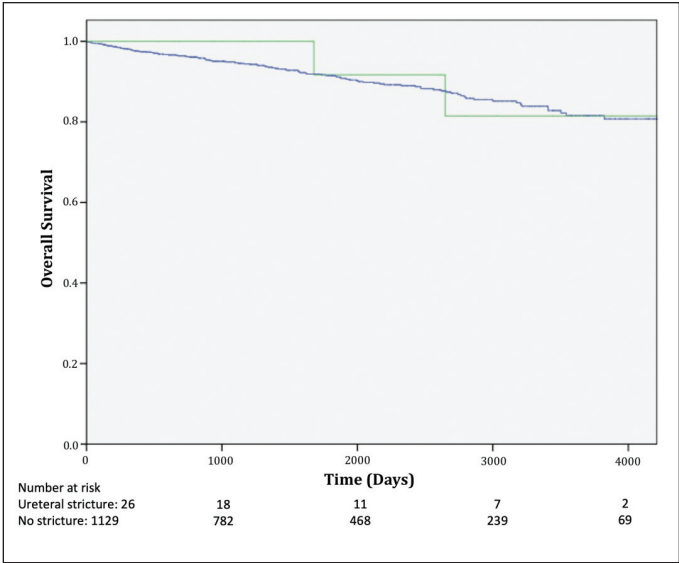


Figure 3. Overall survival after renal transplantation for patients who did (green) and did not (blue) develop a ureteral stricture. Numbers below the x-axis represent the number of patients at risk in each group (Mantel-Cox $p=0.693$).

Acute graft rejection was a risk factor for ureteral stricture in our study, a trend that has been seen in multiple previous studies.^{10,12,19} Histopathological examination of allograft ureters following episodes of acute rejection has shown that rejection involves the ureter in addition to the allograft kidney.^{11,12} Therefore, acute rejection causes ureteral inflammation, edema, and vascular damage, followed by ureteral fibrosis, which can ultimately lead to ureteral stricture.²⁰

Infection affects wound healing by similar mechanisms as inflammation and is also thought to increase risk of ureteral stricture.⁵ UTI, urinoma, and abscess can all potentially involve the ureter. In our series, postoperative complications were a significant risk factor for ureteral stricture, and this effect was driven especially by infectious complications. This suggests that further research examining methods to prevent complications like UTIs is warranted, especially given that UTIs are so common following renal transplantation (28.4% of patients).

Ureteral stricture was associated with significantly worse renal function at one year post-transplant in our univariable analysis. Although previous studies have demonstrated a significantly higher rate of graft loss in stricture patients, this was not the case in our study. Similar rates of graft loss despite worse renal function suggest that timely diagnosis and treatment of ureteral stricture, in addition to advances in post-renal transplant patient care, have improved allograft survival.^{21,22}

As mentioned, our study is limited by the low incidence of ureteral stricture, resulting in a small sample of stricture patients. This may have prevented the identification of other important risk factors for ureteral stricture. Additionally, the retrospective nature of our study introduces bias, as treat-

ment is largely dependent upon recipient and donor factors. Both the small sample size and retrospective nature impede this study's ability to draw conclusions regarding

Table 3. Multivariable analysis (binary logistic regression) for risk factors for ureteral stricture (includes 1093 patients with 25 ureteral strictures; reference in parentheses)

		95% confidence interval		
	Odds ratio	Lower	Upper	p
Smoker (never-smoker)	1.64	0.706	3.81	0.249
Age (continuous)	1.025	0.991	1.06	0.159
Live donor (deceased donor)	14.5	0.486	436	0.123
ATG induction (basiliximab induction)	.906	0.342	2.40	0.843
Expanded criteria donor (standard criteria donor)	.383	0.136	1.08	0.068
Cold ischemia time >435 min (≤435 min)	43.9	1.55	1239	0.027
Ureteral stent (no stent)	.722	0.145	3.60	0.691
Delayed graft function (immediate function)	1.15	0.442	2.97	0.780
Graft rejection (no rejection)	2.90	1.13	7.43	0.027
Postoperative surgical complication ¹ (no complication)	17.2	2.03	146	0.009

¹Includes urinoma, hematoma, lymphocele/seroma, urinary tract infection, wound dehiscence, wound infection, abscess, and renal vein or artery thrombosis. ATG: anti-thymoglobulin; DCD: donation after circulatory death; NDD: neurological determination of death.

which postoperative complications are risk factors for ureteral stricture and how they are linked. Our followup period of 61 months limits our ability to accurately determine the true long-term (10-year) incidence of ureteral stricture and long-term outcomes for these patients. However, the average time to stricture was three months, suggesting that the majority of ureteral strictures were captured in our analysis.

Mitigating risk factors for ureteral strictures, including CIT, acute rejection, and postoperative complications, may decrease the incidence of ureteral stricture and improve overall patient outcomes. While minimizing CIT and acute rejection continues to be an active field of research, simple measures may help reduce postoperative infectious complications. For example, recent studies suggest that increasing the dose of trimethoprim/sulfamethoxazole, which is routinely given for pneumocystis jirovecii pneumonia prophylaxis, results in fewer UTIs.^{23,24} However, this also increases the risk of side effects, including renal dysfunction and hyperkalemia, and has not yet been shown to improve overall patient outcomes.²⁴ Decreasing the duration of ureteral stenting and removing the stents via an attached string rather than cystoscopy may also mitigate the incidence of UTIs.²³⁻²⁵ However, further research is required to elucidate the impact such measures have on the rate of stricture.

Conclusions

Renal transplant patients with ureteral stricture experience greater morbidity and reduced post-transplant renal function than non-stricture patients. Our analysis demonstrates that prolonged CIT, acute rejection, and postoperative complications are associated with a higher risk of ureteral stricture. This supports the theory that ischemia, inflammation, and infection may result in higher rates of ureteral strictures. Reducing CIT, acute rejection, and postoperative complications may help mitigate this potential complication. Future research in a larger, multicenter setting is warranted.

Competing interests: The authors do not report any competing personal or financial interests related to this work.

This paper has been peer-reviewed.

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