Effect of external beam radiotherapy on second primary cancer risk after radical prostatectomy

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Cite as: Can Urol Assoc J 2020;14(5):E173-9. http://dx.doi.org/10.5489/cuaj.6087

Published online November 29, 2019

Abstract

Introduction: We aimed to investigate the effect of radiotherapy (RT) in contemporary patients treated with radical prostatectomy (RP) compared to RP alone for non-metastatic prostate cancer (PCa) on the incidence of second primary cancers (SPCs).

Methods: Within the Surveillance, Epidemiology, and End Results (SEER) database (2004–2015), we identified patients with PCa as the only or first primary cancer, who underwent RP and RT or RP alone. Cumulative incidence plots and multivariable Cox regression models tested for SPC rate differences according to treatment type: RP and RT vs. RP alone. Subgroup analyses focused on pelvic, primary pelvic, and non-pelvic SPCs, as well as on late SPCs (>5 years after PCa diagnosis).

Results: Of 152 161 patients, 7.1% (n=10 870) received RP and RT. Overall, 6.6 vs. 5.0% developed SPCs after RP and RT vs. RP alone, respectively (p<0.001). Cumulative incidence rates at 10 years after PCa diagnosis for RP and RT vs. RP were 12.0 vs. 8.7% (p<0.001), 2.0 vs. 1.2% (p<0.001), 2.1 vs. 1.3% (p<0.001), and 9.9 vs. 7.4% (p<0.001) for overall SPCs, primary pelvic SPCs, overall pelvic SPCs, and non-pelvic SPCs, respectively. Multivariable Cox regression models revealed an increased risk after RP and RT vs. RP alone for overall (hazard ratio [HR] 1.2; p<0.001), primary pelvic (HR 1.5; p<0.01), pelvic (HR1.4; p<0.001), non-pelvic SPCs (HR1.2; p=0.03).

Conclusions: RP with RT was associated with moderately increased risk of SPCs compared to RP alone. This observation should be thoroughly discussed at informed consent and considered during followup.

Introduction

Radiotherapy (RT) combined with radical prostatectomy (RP) may more significantly reduce the risk for biochemical recurrence and clinical progression, as well as improve survival in patients with adverse pathological characteristics at RP.¹⁻⁴ However, RT may also lead to second primary cancers (SPCs), which may in turn undermine life expectancy.⁵⁻⁷ The risk of SPCs might be particularly pertinent in RP candidates who, in general, enjoy superior life expectancy to that of the general population. Indeed, the concept of SPC receives an increasingly greater attention in the medical literature. This phenomenon is at least in part related to the increasing cumulative number of prostate cancer (PCa) survivors who are diagnosed with a SPC. Moreover, the same phenomenon of SPC affects patients with primaries other than PCa. Specifically, SPCs account for about a sixth of all new cancers reported to the National Cancer Institute's Surveillance, Epidemiology, and End Results (SEER) program.5

Regarding SPCs related to RT delivered for primary PCa, Abdel-Wahab et al reported an increased risk for late (>5 years from initial PCa diagnosis) primary pelvic SPCs, within the SEER database.⁸ However, they relied on a historic cohort (1973–2002). To address lack of contemporary data, we assessed the effect of RT on the incidence of SPCs in PCa patients treated between 2004 and 2015. The rationale to repeat the analyses stems from the hypothesis that novel RT techniques may contribute to different rates than those reported historically.⁹ To test our hypothesis, we investigated the effect of RT in patients treated with RP and RT compared to patients treated with RP alone for non-metastatic PCa, on the incidence of overall SPCs, primary pelvic SPCs, overall pelvic SPCs, non-pelvic SPCs, as well as on late SPCs (>5 years from initial PCa diagnosis), within the SEER database.

Methods

Study population

Within the SEER database (2004-2015), we identified patients aged ≥18 years, with histologically confirmed adenocarcinoma of the prostate (International Classification of Disease for Oncology [61.9]; histological code: 8140) as their first malignancy (sequence number = 0 [one primary only] or 1 [first of two or more malignancies]).8,10 Exclusion criteria consisted of confirmed metastatic disease at diagnosis (6th and 7th edition of American Joint Committee on Cancer [AJCC] Cancer Staging Manual), unknown metastatic status, and unknown prostatic-specific antigen (PSA) value. Only those patients that underwent RP or a combination of RP and RT were included. Other exclusion criteria consisted of autopsy-diagnosed cases or death certificate diagnoses, cases with a followup of <12 months, and those with SPC diagnosis made within one year of primary PCa (time to SPC <12 months) to eliminate the possibility that PCa was not the first malignancy.8,10 D'Amico risk stratification was performed, as previously described. 11,12 These selection criteria yielded 152 161 evaluable patients. This group represented the focus of the current manuscript.

Outcomes

The overall SPCs were stratified into three regions of origin. First, primary pelvic SPCs were defined as those arising from the bladder, rectum, anus/anal canal/anorectum, or prostate and other malignancies originating from the pelvis (soft tissue, bone and joints, and lymphoma). Second, overall pelvic SPCs included all primary pelvic SPCs in addition to those SPCs arising from the recto-sigmoid region, penis, small intestine (ileum and jejunum), ureter, other urinary and male genital organs, testis, and lymphoma inside the pelvis. Third, all SPCs that did not qualify as either primary pelvic or overall pelvic were defined as non-pelvic SPCs. Finally, all SPCs regardless of their origin were included in the overall SPC category.

Statistical analyses

Descriptive statistics included frequencies and proportions for categorical variables. Means, medians, and interquartile ranges [IQR] were reported for continuously coded variables. The chi-squared tested the statistical significance in proportions' differences and the t-test examined the statistical significance of means' differences.

Cumulative incidence plots were used to graphically depict the incidence of SPCs, according to RP and RT vs. RP only treatment. First, we relied on four separate sets of

multivariable Cox regression models that tested the relationship between treatment type (RP and RT vs. RP alone) and SPC risk. The four specific models focused on were: 1) overall SPC risk; 2) primary pelvic SPC risk; 3) overall pelvic SPC risk; and 4) non-pelvic SPC risk. Subsequently, we repeated the analysis of the four endpoints, namely: overall SPC risk, primary pelvic SPC risk, overall pelvic SPC risk, and non-pelvic SPC risk. However, each model only considered late SPCs, those that arose more than five years after PCa diagnosis: 5) late overall SPC risk; 6) late primary pelvic SPC risk; 7) late overall pelvic SPC risk; and 8) late non-pelvic SPC risk.

Covariates in all Cox models consisted of age, D'Amico risk stratification, race, marital status, and year of diagnosis. R software environment for statistical computing and graphics (version 3.4.0) was used for all statistical analyses. All tests were two-sided with a level of significance set at p<0.05.

Results

Study population

Overall, 152 161 patients with PCa were identified (Table 1). Of those, 7.1% (n=10 870) received RP and RT vs. 92.9% that underwent RP alone. RP and RT patients were significantly older (median age 63 vs. 61 years [IQR 57–69 vs. 56–66]; p<0.001), had a higher median PSA value (7.9 vs. 5.6 ng/ml [IQR 5.2–14.5 vs. 4.4–8.0 ng/ml; p<0.001), and more frequently harbored clinical tumor stage \geq T3 (9.8 vs. 1.9%; p<0.001), as well as Gleason grade group V (19.6 vs. 3.7%; p<0.001). Of the 141 291 patients treated with RP alone, 1.7% (n=2396) died due to the SPCs, 1.0% (n=1447) due to PCa, and 2.3% (n=3275) of deaths were attributed to other causes. Conversely, of the 10 870 patients who received RP and RT, 3.2% (n=349) died due to SPCs, 6.4% (n=695) due to PCa, and 4.2% (n=460) were attributed to other causes.

Rates of SPCs

Of all patients, 5.2% (n=7855) developed SPCs (Table 2). RP/RT-treated patients more frequently developed overall SPCs (6.6 vs. 5.0%; p<0.001). The median time to SPC was significantly shorter after RP/RT vs. RP (48.4 vs. 51.4 months [IQR 28.2-73.6 vs. 29.2–78.6]; p<0.001). The most frequently recorded SPCs in the overall cohort were those that arose from lung/pleura (n=1236, 0.8%), skin (n=914, 0.6%), and bladder (n=901, 0.6%), in that order. Stratification according to treatment type revealed virtually the same findings for site of origin for RP patients, namely: lung/pleura (n=1102, 0.8%), skin (n=851, 0.6%), and bladder (n=792, 0.6%), in that order. Conversely in RP/

Table 1. Descriptive characteristics of patients diagnosed with prostate cancer and treated with radical prostatectomy and radiotherapy or radical prostatectomy alone, within the SEER database between 2004 and 2015

	Overall (n=152 161)	RP+RT (n=10 870, 7.1%)	RP (n=141 291, 92.9%)	р
Year of prostate cancer diagnosis, median (IQR)	2009 (2007–2011)	2009 (2006–2011)	2009 (2007–2011)	0.008
Age at prostate cancer diagnosis (years), median (IQR)	61 (56–66)	63 (57–69)	61 (56–66)	<0.001
PSA (ng/ml), median (IQR)	5.7 (4.4–8.2)	7.9 (5.2–14.5)	5.6 (4.4–8.0)	<0.001
D'Amico risk, n (%)				
Low-risk	37777 (24.8)	984 (9.1)	36793 (26.0)	<0.001
Intermediate-risk	66046 (43.4)	3732 (34.3)	62314 (44.1)	
High-risk	33910 (22.3)	5626 (51.8)	28284 (20.1)	
NA	14428 (9.5)	528 (4.8)	13900 (9.8)	
Clinical tumor stage, n (%)				
<t2< td=""><td>97565 (64.2)</td><td>6013 (55.3)</td><td>91552 (64.8)</td><td><0.001</td></t2<>	97565 (64.2)	6013 (55.3)	91552 (64.8)	<0.001
T2	50876 (33.4)	3789 (34.9)	47087 (33.3)	
≥T3	3720 (2.4)	1068 (9.8)	2652 (1.9)	
Biopsy GGG, n (%)				
1	56505 (37.1)	1716 (15.8)	54789 (38.8)	<0.001
II	51977 (34.2)	2755 (25.4)	49222 (34.8)	
III	17797 (11.7)	1863 (17.1)	15934 (11.3)	
IV	10306 (6.8)	1719 (15.8)	8587 (6.1)	
V	7315 (4.8)	2129 (19.6)	5186 (3.7)	
NA	8261 (5.4)	688 (6.3)	7573 (5.3)	

GGG: Gleason grade group; IQR: interquartile range; NA: not available; PSA: prostatic-specific antigen value; RP: radical prostatectomy; RT: radiotherapy; SEER: Surveillance, Epidemiology, and End Results

RT patients, bladder cancer represented the second most frequent SPC (n=109, 1.0%). Only SPCs arising from lung/pleura (n=134, 1.2%) accounted for higher rate, and SPC originating from the skin (n=63, 0.6%) still represented the third most frequent site.

Stratification of SPCs according to regions of origin, defined as primary pelvic vs. overall pelvic vs. non-pelvic, also demonstrated higher rates after RP/RT vs. RP. Specifically, for the three regions of origin, the rates were 1.2 vs. 0.7% (p<0.001), 1.3 vs. 0.8% (p<0.001), and 5.3 vs. 4.3% (p<0.001), respectively.

When the region of origin analyses were repeated with the endpoint defined as late SPCs, virtually the same results were recorded. Specifically, for the three regions of origin, late primary pelvic vs. late overall pelvic vs. late non-pelvic, the rates were 0.4 vs. 0.3% (p=0.1), 0.4 vs. 0.3% (p=0.1), and 2.2 vs. 1.8% (p=0.02) after RP/RT vs. RP alone, respectively.

Cumulative incidence for SPCs

In cumulative incidence plots (Fig. 1), overall SPC incidence rates at 10 years were 12.0% for RP/RT vs. 8.7% for RP alone (p<0.001) (Fig. 1A). For the same two groups at 10 years, primary pelvic, overall pelvic, and non-pelvic SPC incidence rates were 2.0 vs. 1.2% (p<0.001) (Fig. 1B), 2.1 vs. 1.3% (p<0.001) (Fig. 1C), and 9.9 vs. 7.4% (p<0.001) (Fig. 1D), respectively.

Table 2. Secondary primary cancers of patients with prostate cancer as first diagnosed malignancy, stratified according radical prostatectomy and radiotherapy vs. radical prostatectomy alone, within the SEER database between 2004 and 2015

	Overall (n=152 161)	RP+RT (n=10 870)	RP (n=141 291)	р
No SPC, n (%)	144306 (94.8)	10150 (93.4)	134156 (95)	<0.001
Overall SPCs, n (%)	7855 (5.2)	720 (6.6)	7135 (5.0)	
Median time in month to SPC (IQR)	51.4	48.4	51.4	0.04
	(29.2–78.6)	(28.2–73.6)	(29.2–78.6)	
Overall SPCs, n (%)	7855 (5.2)	720 (6.6)	7135 (5)	< 0.001
Pelvic SPCs, n (%)	1228 (0.8)	140 (1.3)	1088 (0.8)	<0.001
Primary pelvic SPCs, n (%)	1137 (0.7)	130 (1.2)	1007 (0.7)	<0.001
Non-pelvic SPCs, n (%)	6627 (4.4)	580 (5.3)	6047 (4.3)	< 0.001
Late overall SPCs (>5 years), n (%)	3323 (2.2)	279 (2.6)	3044 (2.2)	0.005
Late-pelvic SPCs, n (%)	474 (0.3)	43 (0.4)	431 (0.3)	0.1
Late primary pelvic SPCs, n (%)	431 (0.3)	40 (0.4)	391 (0.3)	0.1
Late non-pelvic SPCs, n (%)	2849 (1.9)	236 (2.2)	2613 (1.8)	0.02
SPCs stratified according to sites, n (%)				
Anus	17 (0)	1 (0)	16 (0)	< 0.01
Bladder	901 (0.6)	109 (1)	792 (0.6)	
Blood and bone marrow	585 (0.4)	56 (0.5)	529 (0.4)	
Colon	586 (0.4)	46 (0.4)	540 (0.4)	
Esophagus	161 (0.1)	20 (0.2)	141 (0.1)	
Kidney and renal pelvis	639 (0.4)	40 (0.4)	599 (0.4)	
Liver	146 (0.1)	18 (0.2)	128 (0.1)	
Lung and pleura	1236 (0.8)	134 (1.2)	1102 (0.8)	
Others	1780 (1.2)	152 (1.4)	1628 (1.2)	
Pancreas	384 (0.3)	38 (0.3)	346 (0.2)	
Penile	6 (0)	1 (0)	5 (0)	
Recto-sigmoid	56 (0)	6 (0.1)	50 (0)	
Rectum	186 (0.1)	15 (0.1)	171 (0.1)	
Skin	914 (0.6)	63 (0.6)	851 (0.6)	
Stomach	223 (0.1)	17 (0.2)	206 (0.1)	
Testis	21 (0)	2 (0)	19 (0)	
Urethra	3 (0)	0 (0)	3 (0)	
Ureter	11 (0)	2 (0)	9 (0)	

IQR: interquartile range; RP: radical prostatectomy; RT: radiotherapy; SPC: secondary primary cancer; SEER: Surveillance, Epidemiology, and End Results.

Multivariable Cox models predicting SPC

In multivariable Cox models predicting overall SPCs (Table 3), RP/RT represented an independent predictor of overall SPCs (hazard ratio [HR] 1.2; 95% confidence interval [CI] 1.1–1.3; p<0.001), primary pelvic SPCs (HR 1.5; 95% CI 1.2–1.8; p<0.01), overall pelvic SPCs (HR 1.4; 95% CI 1.2–1.7; p<0.001), and non-pelvic SPCs (HR 1.1, 95% CI 1.05–1.2; p<0.01), compared to RP patients. Moreover, in Cox models predicting late SPCs (Table 4), RP/RT also represented an independent predictor of late overall SPCs (HR 1.2; 95% CI 1.03–1.3; p=0.01) and late non-pelvic SPCs (HR 1.2; 95% CI 1.01–1.3; p=0.03), compared to RP patients. However, no association was recorded in models focusing on late primary pelvic SPCs and late overall pelvic SPCs, after multivariable adjustment.

Discussion

RT may predispose to SPCs.^{5,6} Previously, Abdel-Wahab et al reported an increased risk for late (>5 years from initial PCa diagnosis) primary pelvic SPCs within the SEER database.8 However, in their report, they relied on a historic cohort (1973-2002). Therefore, we assessed the effect of RT on the incidence of SPCs in contemporary PCa patients. The rationale for such initiative is based on novel RT techniques, e.g., image-guided radiotherapy and intensity-modulated radiotherapy. These could have affected SPC rates to a different or possibly lesser extent than historic RT techniques. 9 To test our hypothesis, we relied on a large, contemporary, North American population-based cohort and compared the risk of SPCs in patients treated with RP and RP to patients treated with RP alone. Our analyses demonstrated several noteworthy observations. First, the proportions of patients that developed overall SPCs were 6.6 vs. 5.0% (p<0.001) for RP/

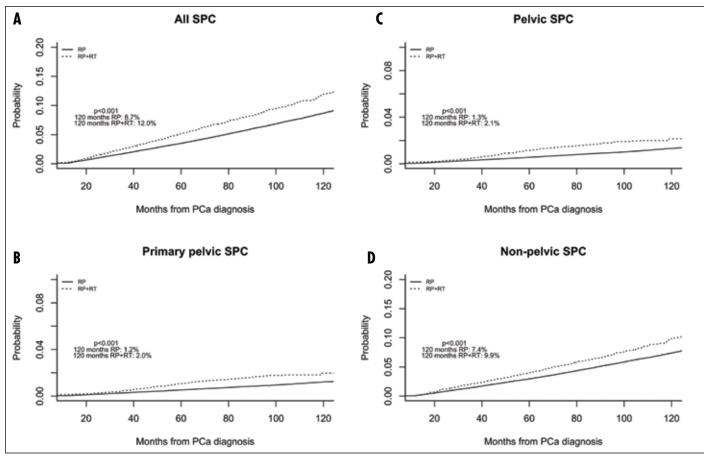


Fig. 1. Cumulative incidence plots depicting incidence of (A) overall secondary primary cancers (SPC); (B) primary pelvic SPC; (C) pelvic SPC; and (D) non-pelvic SPC for radical prostatectomy, and those treated with radiotherapy vs. radical prostatectomy alone. PCa: prostate cancer.

RT vs. RP, respectively. Moreover, most frequently recorded SPC sites in the overall cohort were those that arose from lung/pleura (n=1236, 0.8%), skin (n=914, 0.6%), and bladder (n=901, 0.6%). Stratification according to the treatment type revealed the same order for RP treated patients: lung/pleura (n=1102, 0.8%), skin (n=851, 0.6%), and bladder (n=792, 0.6%). Conversely, in RP/RT treated patients, bladder cancer (n=109, 1.0%) was the second most frequent SPC site, lung/pleura (n=134, 1.2%) ranked first, and skin (n=63, 0.6%) ranked third. Our results corroborate the findings of Abdel-Wahab et al, who also identified lung/pleura cancers as the most frequent SPCs after PCa.8 Conversely, they identified colon cancer, as the second most frequent SPC site in the overall cohort and RP-treated cohort. This observation may be related to an elevated rate of skin cancers in elderly

men that are unrelated to PCa treatment but rather reflect lifestyle. Despite these differences, Abdel-Wahab et al also identified bladder cancer as second most frequent SPC site in patients treated with RP/RT. This finding agrees with our observations regarding the importance of secondary bladder cancer after RP combined with RT. This finding is important in patient counselling, at informed consent, and in followup planning, when combination of RP and RT is considered.

Second, stratification according to SPC regions of origin (primary pelvic, overall pelvic, and non-pelvic) demonstrated higher rates after RP/RT vs. RP. Specifically, the absolute rate differences were 1.2 vs. 0.7% (p<0.001), 1.3 vs. 0.8% (p<0.001), and 5.3 vs. 4.3% (p<0.001), respectively, for the three regions of origin. Finally, stratification according to regions of origin in late SPCs showed higher SPCs rates for

Table 3. Multivariable Cox regression models predicting second primary cancers after prostate cancer diagnosis																	
		Overa	all SPCs		P	rimary p	elvic SP	Cs	Overall pelvic SPCs					Non-pelvic SPCs			
	HR	2.5%	97.5%	р	HR	2.5%	97.5%	р	HR	2.5%	97.5%	р	HR	2.5%	97.5%	р	
RP (referent)	1.0			-	1.0			-	1.0			-	1.0			-	
RP and RT	1.2	1.1	1.3	<0.001	1.5	1.2	1.8	<0.01	1.4	1.2	1.7	<0.001	1.1	1.05	1.2	<0.01	

Table 4. Multivariable Cox regression models predicting late (>5 years after prostate cancer diagnosis) second primary cancers

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		Overall SPCs				P	rimary p	elvic SP	SPCs Overall pelvic SPCs				s	Non-pelvic SPCs				
		HR	2.5%	97.5%	р	HR	2.5%	97.5%	р	HR	2.5%	97.5%	р	HR	2.5%	97.5%	р	
	RP (referent)	1.0			-	1.0			-	1.0			-	1.0			-	
	RP and RT	1.2	1.03	1.3	0.01	1.3	0.9	1.8	0.2	1.2	0.9	1.7	0.2	1.2	1.01	1.3	0.03	

All models adjusted for: year of diagnosis, age, D'Amico risk, race, marital status. HR: hazard ratio; RP: radical prostatectomy; RT: radiotherapy; SPCs: secondary primary cancers.

RP and RT in the non-pelvic SPCs (2.2 vs. 1.8%; p=0.02). This region-specific information confirms the overall rates and demonstrates the generalizability of our findings to all three specific anatomic regions. Unfortunately, as outlined in the limitations section, sample size limitations regarding the number of patients at risk and the numbers of events potentially undermine the feasibility of analyses focusing on risk of late SPCs, after stratification according to specific region of origin. That said, our explanation is only speculative.

Third, cumulative incidence rates at 10 years after PCa diagnosis for RP/RT vs. RP were 12.0 vs. 8.7%, 2.0 vs. 1.2%, 2.1 vs. 1.3%, and 9.9 vs. 7.4% for overall SPCs, primary pelvic SPCs, overall pelvic SPCs, and non-pelvic SPCs, respectively. These findings demonstrate that RP/RT patients have higher incidence of SPCs than RP alone patients. Moreover, it is noteworthy that one out of 10 PCa patients will develop a SPC at 10 years' followup. Therefore, the followup of RP patients, especially those treated with a combination of RT, should not only focus on identification of biochemical recurrence but also on detection of SPCs. Depending on the characteristics of the population, the rate of SPCs may even approach the rate of BCR. This consideration should be given equal importance within the urological, as well as radiation oncology communities, so that the most effective SPC detection strategies are employed.

Fourth, in multivariable Cox regression models, RP/RT represented an independent predictor for overall SPCs, primary pelvic SPCs, overall pelvic SPCs, non-pelvic SPCs, late overall SPCs, and late non-pelvic, compared to RP. However, RP/RT was not associated with an increased risk for late primary pelvic and late overall pelvic SPCs. These results differ from those reported by Abdel-Wahab et al, who found that radiation after radical surgery increased late primary pelvic SPCs but not non-pelvic SPCs.⁸ However, their report was based on a historic population (1973–2002) and changes in radiotherapy could have led to the different results. Moreover, their report was based on a smaller group of RP/RT-treated patients (n=5044) compared to the current study (n=10 870).

Taken together, our analyses suggest that RT results in a higher risk of SPCs compared to patients treated with RP. Therefore, careful patient surveillance and detection efforts aimed at identifying SPCs after combined RP and RT are of crucial importance. In that regard, we are unaware of specific followup protocols. In consequence, SPCs may be missed in

patients who have a favorable cancer control profile and are no longer closely followed. In consequence, urology and/or radiation oncology followup should continue well beyond 10 years after RP and RT delivery, to minimize or ideally eliminate the probability of missing an SPC. However, despite the higher risk of SPCs after RT/RP, it is important also to weigh the potential curative benefit of salvage or adjuvant RT. This should always be taken into account in the risk-benefit discussion with our patients when RT is considered. Moreover, our data clearly show that the absolute rate of SPC after RP/ RT did not increase considerably. Still, the screening of all patients treated with RP and RT cannot be recommended or supported based on our data. Last, but not least, no increased risk for late primary pelvic SPCs was recorded. Therefore, further studies, ideally with even longer followup, are welcome to confirm these findings.

Some important limitations need to be acknowledged. First and foremost, the study shares the same limitations of all similar studies that were based on the SEER database and relied on retrospective data, with a high potential for bias due to selection of PCa patients. Additionally, information on radiation dose and modus are unavailable in the SEER database, which might have changed during the study span and could have influenced our results. Furthermore, the maturity of our database prevented us from addressing SPC incidences beyond 10 years due to insufficient numbers of patients at risk and excessively small numbers of events. Moreover, it is possible that important differences persisted, according to variables that are unavailable in retrospective databases, such as the SEER database. Such variables include, baseline performance status (Eastern Cooperative Oncology Group), smoking status, and comorbidities. Moreover, the SEER database lacks information about androgen-deprivation therapy. In consequence, despite the most stringent statistical adjustment for potential differences, our findings may be undermined by residual biases. Their presence and magnitude of their potential effects will only be known once prospective, randomized trials address the same endpoint that we have addressed in the current analysis. Unfortunately, to the best of our knowledge, no such trials are underway or have been planned. In consequence, we hope that our findings may add to the existing knowledge and further retrospective studies will aim to validate our results. Finally, despite the large sample size, the current study cohort only represents a 30% population sample with inherent limitations.¹³

Conclusion

RP with RT was associated with moderately increased risk of SPCs, compared to RP alone. This observation should be thoroughly discussed at informed consent and considered during followup.

Competing interests: The authors report no competing personal or financial interests related to this work.

This paper has been peer-reviewed.

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