

Comprehensive analysis of in-hospital delirium after major surgical oncology procedures

Marco Bandini^{1,2,3*}; Michele Marchioni^{1,2,4*}; Felix Preisser^{1,2,5}; Sebastiano Nazzani^{1,2,6}; Zhe Tian^{1,2}; Markus Graefen⁵; Francesco Montorsi³; Fred Saad^{1,2}; Shahrokh F. Shariat⁷; Luigi Schips⁴; Alberto Briganti³; Pierre I. Karakiewicz^{1,2}

¹Cancer Prognostics and Health Outcomes Unit, University of Montreal Health Center (CHUM), Montreal, QC, Canada; ²Centre de recherche du Centre Hospitalier de l'Université de Montréal (CR-CHUM) and Division of Urology, CHUM, Montreal, QC, Canada; ³Division of Oncology/Unit of Urology, URI, IRCCS Ospedale San Raffaele, and Vita-Salute San Raffaele University, Milan, Italy; ⁴Department of Urology, SS Annunziata Hospital, "G. D'Annunzio" University of Chieti, Chieti, Italy; ⁵Martini Klinik, University Medical Center Hamburg-Eppendorf, Hamburg, Germany; ⁶Academic Department of Urology, IRCCS Policlinico San Donato, University of Milan, Milan, Italy; ⁷Department of Urology, Medical University of Vienna, Vienna, Austria
*Equal contributors

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Abstract

Introduction: Very few population-based assessments of delirium have been performed to date. These have not assessed the implications of delirium after major surgical oncology procedures (MSOPs). We examined the temporal trends of delirium following 10 MSOPs, as well as patient and hospital delirium risk factors. Finally, we examined the effect of delirium on length of stay, in-hospital mortality, and hospital charges.

Methods: We retrospectively identified patients who underwent prostatectomy, colectomy, cystectomy, mastectomy, gastrectomy, hysterectomy, nephrectomy, oophorectomy, lung resection, or pancreatotomy within the Nationwide Inpatient Sample (2003–2013). We yielded a weighted estimate of 3 431 632 patients. Multivariable logistic regression (MLR) analyses identified the determinants of postoperative delirium, as well as the effect of delirium on length of stay, in-hospital mortality, and hospital charges.

Results: Between 2003 and 2013, annual delirium rate increased from 0.7 to 1.2% (+6.0%; $p < 0.001$). Delirium rates were highest after cystectomy (predicted probability [PP] 3.1%) and pancreatotomy (PP 2.6%) and lowest after prostatectomy (PP 0.15%) and mastectomy (PP 0.13%). Advanced age (odds ratio [OR] 3.80), maleness (OR 1.38), and higher Charlson comorbidity index (OR 1.20), as well as postoperative complications represent risk factors for delirium after MSOPs. Delirium after MSOP was associated with prolonged length of stay (OR 3.00), higher mortality (OR 1.15) and increased in-hospital charges (OR 1.13).

Conclusions: No contemporary population-based assessments of delirium after MSOP have been reported. According to our findings, delirium after MSOP has a profound impact on

patient outcomes that ranges from prolonged length of stay to higher mortality and increased in-hospital charges.

Introduction

Delirium defined as an acute decline of cognition and attention, is a common and severe problem for hospitalized patients, especially in those who underwent surgical procedures. Institutional series demonstrated that delirium affects 10-31% of adult hospital admissions[1], and possibly is even more prevalent in surgical patients[2]. Additionally, delirium predisposes to greater morbidity, prolonged length of stay, higher mortality and increased in-hospital charges[3,4].

Institutional data showed that the odds of developing postoperative delirium are dependent on several factors, such as pre-existing cognitive dysfunction or pre-existing comorbidities[5]. Furthermore, others reported that incidence of delirium is variable according to patient characteristics and surgical procedures⁵. For example, Lee et al.[6] found a 13.8% rate of delirium after cardiac surgery. Conversely, in a meta-analysis of 26 studies, Bruce et al.[7] observed a wide range of delirium rates after elective orthopedic surgery ranging from 3.6 to 28.3%. Unfortunately, the variability of post-operative delirium rates was not examined in contemporary population-based studies. Specifically, no such study focused on delirium after major surgical oncology procedures (MSOPs). In consequence, neither its rates nor its consequences are known in MSOP setting.

To address the lack of data focusing on delirium after MSOPs, we assessed delirium temporal trends after ten MSOPs, namely prostatectomy, colectomy, cystectomy, mastectomy, gastrectomy, hysterectomy, nephrectomy, oophorectomy, lung resection and pancreatectomy. Moreover, we examined risk factors predisposing to post-operative delirium, as well as its association with length of stay, in-hospital mortality and hospital charges.

Methods

Data source

To assess the incidence of post-operative delirium after MSOPs, we relied on the NIS database (2003- 2013). The NIS is a set of longitudinal hospital inpatient databases included in the Healthcare Cost and Utilization Project family, created by the Agency for Healthcare Research and Quality through a Federal-state partnership[8]. The database includes 20% of United States inpatient hospitalizations with discharge abstracts from 8 million hospital stays. It incorporates patient and hospital information, including Medicare, Medicaid, private insurance, and other insurance type patients.

Study population

Ten MSOPs were selected to serve the study purpose[9,10]: prostatectomy, colectomy, cystectomy, mastectomy, gastrectomy, hysterectomy, nephrectomy, oophorectomy, lung resection and pancreatectomy. Analyses were restricted to cancer diagnoses only. All procedures and diagnoses were coded using the *International Classification of Disease, 9th revision, Clinical Modification* (ICD-9-CM) ([Supplementary Table 1](#)).

Outcomes of interest

Administrative codes were utilized to identify delirium diagnosis as previously described[9], and were defined as the presence of one of nine ICD-9-CM diagnostic codes: alcohol withdrawal delirium (291.0), drug-induced delirium (292.81), presenile dementia with delirium (290.11), senile dementia with delirium (290.3), vascular dementia with delirium (290.41), subacute delirium (293.1), metabolic encephalopathy (348.31), toxic encephalopathy (349.82) or delirium not otherwise specified (293.0). Prolonged length of stay was defined as a hospitalization above the 75th percentile for each examined MSOPs. Increased in-hospital charges were defined as amounts above the 75th percentile for each of ten examined MSOPs.

Patient and hospital characteristics

Patient age, gender, race/ethnicity (Caucasian, African American and Others), Charlson comorbidity index (CCI)[11,12] and insurance status (private insurance, Medicare, Medicaid, and other [self-pay]) were defined according to NIS information. Ten previously reported[5,13–15] delirium risk factors such as dementia, alcohol-induced mental disorder, mood disorder, non-organic disorder, anxiety disorder, schizophrenia disorder, alcohol dependence, drug dependence syndrome, non-dependent drug use and drug induced disorder were tested in logistic regression models. Additional risk variables consisted of hospital region (Northeast, Midwest, South, West)[16], hospital size (small, medium and large) and hospital teaching vs. non-teaching status. Teaching institutions had an American Medical Association-approved residency program, were a member of the Council of Teaching Hospitals, or had a ratio of 0.25 or higher of full-time equivalent interns and residents to non-nursing home beds.[17] Lastly, annual MSOP hospital volume (low, medium and high), representing the number of MSOP performed at each participating institution during each study calendar year was calculated independently for each of the ten examined MSOPs[18]. Patients were divided according to 3 equal hospital volume tertiles, categorized as low-, medium-, and high-volume centers.

Statistical analysis

Data distribution was adjusted according to the provided NIS population weights to render estimates more accurate nationally. All analyses were performed on the weighted population.

First, medians and interquartile ranges, as well as frequencies and proportions were reported for continuous (age and length of stay) and categorical variables (gender, race, insurance status, CCI, annual MSOP hospital volume, region, hospital size, teaching status and rates of concomitant psychiatric diagnosed that are considered as established delirium risk factors[5,13–15]), respectively. The statistical significance of differences in medians and proportions was evaluated with the Kruskal-Wallis and chi-square tests.

Second, temporal trend rates were analyzed by the estimated annual percentage change (EAPC), which utilizes the linear regression methodology[19]. Third, five sets of separate multivariable logistic regression (MLR) models examined five specific end-points: 1) the first set of MLR models tested patient and hospital determinants of delirium after MSOPs, 2) the second set of MLR models tested the effect of post-operative complications (Supplementary Table 1) on delirium rates after MSOPs, 3) the third set of MLR models

tested the effect of delirium on rates of prolonged ($\geq 75^{\text{th}}$ percentile) length of stay, 4) the fourth set of MLR models tested the effect of delirium on rates of in-hospital mortality and 5) the fifth set of MLR models tested the effect of delirium on rates of increased ($\geq 75^{\text{th}}$ percentile) in-hospital charges. Moreover, end-points 3) and 5) were subsequently individually re-examined for each MSOP. Specifically, the effect of delirium on prolonged length of stay and the effect of delirium on increased in-hospital charges were tested with a separate MLR for each of the ten examined MSOPs.

Finally, to adjust for clustering within hospitals, all five MVA regression models were fitted with generalized estimating equations[20]. Analyses were performed using the R software environment for statistical computing and graphics (version 3.3.0; <http://www.r-project.org/>).

Results

General characteristics of the study populations

Between 2003-2013, a weighted estimate of 3,431,632 patients underwent one of the ten examined MSOP. Overall, 1% of patients were discharged with the diagnosis of delirium. Patients with delirium were more frequently older (75 vs. 64 years), male (55.9 vs 44.5%), Caucasian (69.1 vs. 62.8%), Medicare insured (78.3 vs. 46%) and exhibited higher CCI (CCI ≥ 2 : 23.8 vs. 11.2%) than controls. Non-teaching hospitals status (43.1 vs. 41.5%) and lowest hospital surgical volume tertile accounted for higher rates of delirium (35.2 vs. 32.5%). Moreover, length of stay was longer (10 vs. 4 days), when delirium was diagnosed (Table 1). The proportion of patients with CCI ≥ 1 increased from 33.8 to 39.8% (EAPC: +1.7%, 95%CI: 1.41-2.03, $p < 0.0001$), during the study period.

Temporal trend analyses

Between 2003 to 2013 (Figure 1), the annual delirium rate increased from 0.7 to 1.2% (EAPC: +6.0%, CI: +3.6 to +8.5, $p < 0.001$). Within individual MSOPs, colectomy (EAPC: +7.2%) and pancreatectomy (EAPC: +6.5%) exhibited the highest increase in the annual rate of delirium compared to prostatectomy (EAPC: -1.68), which exhibited the lowest rate (Supplementary Figure 1).

Multivariable logistic regression models testing for patient and hospital determinants of delirium after MSOPs

According to multivariable predicted probability (PP) of delirium after MSOPs (Figure 2), the highest rate was recorded after cystectomy (PP: 3.1%, standard deviation [SD]: 0.03), followed by pancreatectomy (PP: 2.6%, SD: 0.03) and gastrectomy (PP: 2.3%, SD: 0.04). The lowest rates of postoperative delirium were recorded after prostatectomy (PP: 0.15%, SD: 0.001) and mastectomy (PP: 0.13%, SD: 0.001).

Patient risk factors associated with delirium after MSOPs were older age (55-64 years odds ratio [OR]: 1.90, $p < 0.0001$; ≥ 65 years OR: 3.80, $p < 0.0001$) and male gender (OR: 1.38, $p < 0.0001$). CCI score ≥ 1 (1 OR: 1.07, $p = 0.03$; ≥ 2 OR: 1.20, $p < 0.001$) resulted in a marginal increase. Medicaid (OR: 1.21, $p = 0.02$) and Medicare (OR: 1.58, $p < 0.0001$) insurance status also increased the delirium rates, relative to private insurance status. Finally, African

American (OR: 0.82, $p=0.0002$) and non-Caucasian race (OR: 0.88, $p=0.0001$) were associated with lower delirium rates after MSOPs, relative to Caucasian patients.

Of ten established delirium risk factors, seven achieved independent predictor status (Supplementary Table 2): dementia (OR: 24.07, $p<0.0001$), alcohol dependence (OR: 14.51, $p<0.0001$), drug-induced disorder (OR: 4.81, $p<0.0001$), mood disorder (OR: 2.43, $p<0.0001$), drug dependence syndrome (OR: 1.70, $p=0.02$), anxiety disorder (OR: 1.53, $p<0.0001$) and non-dependent drugs use (OR: 1.11, $p=0.01$).

Multivariable logistic regression models testing the effect of any post-operative complications on delirium after MSOPs

According to presence or absence of delirium after MSOPs, complication rates ranged as follows: intraoperative (3.3 vs. 1.7%), respiratory (38.7 vs. 9.8%), neurological (1.5 vs. 0.7%), infectious (14.7 vs. 2.6%), vascular (7.8 vs. 2.1%), gastrointestinal (27.0 vs. 11.2%), cardiac (17.0 vs. 5.8%), genitourinary (10.9 vs. 5.5%), wound (10.0 vs. 2.4%) and other (33.2 vs. 10.1%). Of ten examined postoperative complications, seven achieved independent predictor status (Table 2): respiratory (OR: 1.92, $p<0.0001$), other (OR: 1.51, $p<0.0001$), neurological (OR: 1.46, $p=0.0005$), infectious (OR: 1.36, $p<0.0001$), vascular (OR: 1.27, $p<0.0001$), gastrointestinal (OR: 1.14, $p<0.0001$) and cardiac (OR: 1.10, $p=0.008$). According to presence or absence of delirium after MSOPs, post-MSOPs transfusion rates were 28.7 vs. 11.5%, respectively. Postoperative transfusions (OR: 1.33, $p<0.0001$) also increased the delirium rate.

Multivariable logistic regression models testing the effect of delirium on prolonged ($\geq 75^{\text{th}}$ percentile) length of stay

Stratification according to presence or absence of delirium after MSOPs was associated with prolonged ($\geq 75^{\text{th}}$ percentile) length of stay (OR: 3.00, 95% CI: 2.75-3.24, $p < 0.0001$). In all ten MSOP-specific models examining the length of stay above the 75th percentile, delirium achieved independent predictor status (Table 3): mastectomy (OR: 11.34, $p<0.0001$), prostatectomy (OR: 10.45, $p<0.0001$), hysterectomy (OR: 5.99, $p<0.0001$), nephrectomy (OR: 4.54, $p<0.0001$), oophorectomy (OR: 3.54, $p<0.0001$), lung resection (OR: 2.55, $p<0.0001$), cystectomy (OR: 2.03, $p<0.0001$), gastrectomy (OR: 1.88, $p<0.0001$), colectomy (OR: 1.86, $p<0.0001$) and pancreatectomy (OR: 1.84, $p<0.0001$).

Multivariable logistic regression models testing the effect of delirium on in-hospital mortality

Overall, 1.1% of MSOP patients died during the hospitalization. Stratification according to presence or absence of delirium after MSOPs was associated with higher (6 vs. 1%, $p<0.0001$) rate of in-hospital mortality. Moreover, delirium after MSOPs was associated with 1.15-fold (OR: 1.15, 95% CI: 1.10-1.21, $p<0.0001$) mortality rate increase. Low absolute mortality rates after individual MSOPs (ranging from 0.13 to 3.2%), prevented the reporting of multivariable MSOP specific mortality rates after delirium.

Multivariable logistic regression models testing the effect of delirium on increased ($\geq 75^{\text{th}}$ percentile) in-hospital charges

Stratification according to presence or absence of delirium after MSOPs was associated with increased ($\geq 75^{\text{th}}$ percentile) in-hospital charges (OR: 1.13, 95%CI: 1.05-1.21, $p=0.001$). In all ten MSOP-specific models examining the hospital charges above the 75^{th} percentile, delirium achieved independent predictor status (Table 4): prostatectomy (OR: 2.04, $p<0.0001$), lung resection (OR: 2.02, $p<0.0001$), oophorectomy (OR: 1.99, $p<0.0001$), cystectomy (OR: 1.86, $p<0.0001$), hysterectomy (OR: 1.74, $p<0.0001$), nephrectomy (OR: 1.74, $p<0.0001$), gastrectomy (OR: 1.73, $p<0.0001$), pancreatectomy (OR: 1.64, $p<0.0001$), colectomy (OR: 1.59, $p<0.0001$) and mastectomy (OR: 1.49, $p<0.0001$).

Discussion

Postoperative delirium is a multi-faceted problem that is associated with poor perioperative outcomes, increased long-term adverse sequelae and a significant cost burden¹⁹. To date, several single and multi-institutional series have assessed the rate of delirium and its implication on patient outcomes. Nonetheless, contemporary population-based assessments of delirium using large administrative databases are lacking. Based on these considerations, we sought to examine population-level trends in delirium following MSOP. To accomplish this task, we relied on the NIS database including patients underwent one of ten MSOPs. Our study yielded several noteworthy findings.

First, our population-based analyses revealed a rate of delirium after MSOPs of 1%. This finding contrasts with the postoperative delirium incidence currently reported in the literature, ranging from 4% for minor procedures, to 35-65% for major procedures[13]. It should be noted that delirium rates may be captured less frequently than other comorbidities such as infection[21], venous thromboembolism[22] or common postoperative complications[9]. Moreover, delirium may go unnoticed in older patients with other comorbidities that are given greater importance in the acute care setting such as after MSOPs. Last but not least, delirium may go unnoticed because of absence of associated symptoms. In that regard, Lipowski et al.[23] distinguished between hypoactive (quiet) and hyperactive variants of delirium. Patients with active delirium are easily identifiable. Conversely, individuals with hypoactive variant, which accounts for 75% of cases, may permanently go unnoticed[24]. In consequence, prospective studies that *à priori* include delirium among outcomes of interest may contrast with population-based analyses, where delirium rates may be underreported.

Second, we identified an increase in delirium rates after MSOP, over time. Several factors may explain this phenomenon. For example, increasing comorbidities of patients undergoing MSOP may have contributed to these findings. Indeed, we found that the annual rate of CCI ≥ 1 increased by 1.7% (95%CI: 1.41-2.03, $p < 0.0001$) during the study period.

Third, to the best of our knowledge we are first to report delirium rates after specific MSOPs. Here, cystectomy (3.2%), pancreatectomy (2.6%) and gastrectomy (2.4%) demonstrated the highest rates of delirium. Conversely, two procedures namely prostatectomy (0.14%) and mastectomy (0.13%) were associated with significantly lower rates than average (1%). These rates suggest a relationship between post-MSOP delirium and the complexity of

the surgical procedures. For example, cystectomy and pancreatectomy are associated with longer operative times and higher use of analgesia. Both procedures respectively represent the first highest and the second highest, when delirium rates are considered.

Fourth, analyses of established delirium risk factors validated our findings. Specifically, well-known[13,25] delirium risk factors such as dementia (OR: 24.07), alcohol dependence (OR: 14.51) and mood disorder (2.43) all strongly and significantly increased delirium rates after MSOPs. Moreover, drug-induced disorder, anxiety disorder and drug dependence syndrome were also strongly associated with delirium, which is often reported in patients treated with opioids, benzodiazepines and sedatives[15].

Fifth, to the best of our knowledge, we are first to examine the association between delirium after MSOPs and specific complications. Here, of ten examined postoperative complications, seven achieved independent predictor status. Specifically, respiratory, other, neurological, infectious, vascular, gastrointestinal and cardiac complications were associated with higher rates of post MSOP delirium. To the best of our knowledge, we are also first to report that post-operative transfusions were associated with increased rate of delirium (OR: 1.33). This result is worrisome since approximately 30% MSOP patients require a transfusion during hospital stay[26].

Sixth, our findings suggest that length of stay is longer in patients experiencing delirium after MSOPs. Based on our observations, the effect of delirium on length of stay above the 75th percentile is strongest for MSOPs with short length of stay. Conversely, MSOP-specific delirium rates are weakest for MSOPs with long length of stay. For example, after prostatectomy (median length of stay 2 days) and mastectomy (median length of stay 2 days) the effect of delirium was 10-fold higher. Conversely, after cystectomy (median length of stay 8 days) or colectomy (median length of stay 7 days) the effect of delirium was only 2-fold higher. These observations contrast with the absolute risk of delirium. The latter is lowest for procedures with shortened length of stay and highest for procedures with prolonged length of stay. Similarly, we also observed a similar relationship between delirium and increased in-hospital charges.

Last but not least, we are first to report a relationship between delirium and higher in-hospital mortality after MSOPs. Overall, patients who experienced delirium had a 15% increase of in-hospital mortality compared to those without delirium. These findings are worrisome and they should motivate physician toward a higher delirium monitoring in patients treated with one of the ten MSOPs.

Finally, from a stricter urological point of view, it can be postulated that this analysis may be of interest for urologists, who are dealing with complex patients with multiple urological and non-urological issues who may benefit from a multidisciplinary evaluation. Nowadays indeed, surgical indications are evolving towards a more aggressive behavior including radical surgery in advanced urological malignancies [27]and, or metastasectomy in oligometastatic cancers[28]. In this scenario, urologist must be awarded of possible complications surrounding MSOPs, in order to reduce and possibly prevent those in their patients[10,18]. Last but not least, it should be noted that post-operative delirium might be easily prevented following evidence-based approach. On the other hand, our data emphasized that post-operative delirium is still a relatively frequent event in our daily practice. In

consequence, our data may be useful for shed a light on this issue improving our clinical practice

Our study is not devoid of limitations, which apply to all studies with retrospective designs. Additionally, our study was unable to adjust for tumor characteristics and longitudinal data was also unavailable. Moreover, we were unable to control for some risk factors, such as laboratory values and baseline cognitive impairment. Finally, the NIS database does not specify delirium type (hyperactive vs. hypoactive), which could not be determine. Despite these limitations, we were able to provide new insight about the importance of delirium after MSOPs.

Conclusions

No contemporary population-based assessments of delirium after MSOP have been reported. According to our findings, delirium after MSOP has a profound impact on patient outcomes that ranges from prolonged length of stay to higher mortality and increased in-hospital charges.

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Figures and Tables

Fig. 1. Overall delirium frequency following major surgical oncology procedures (MSOPs) in 3 431 632 patients, Nationwide Inpatient Sample, 2003–2013.

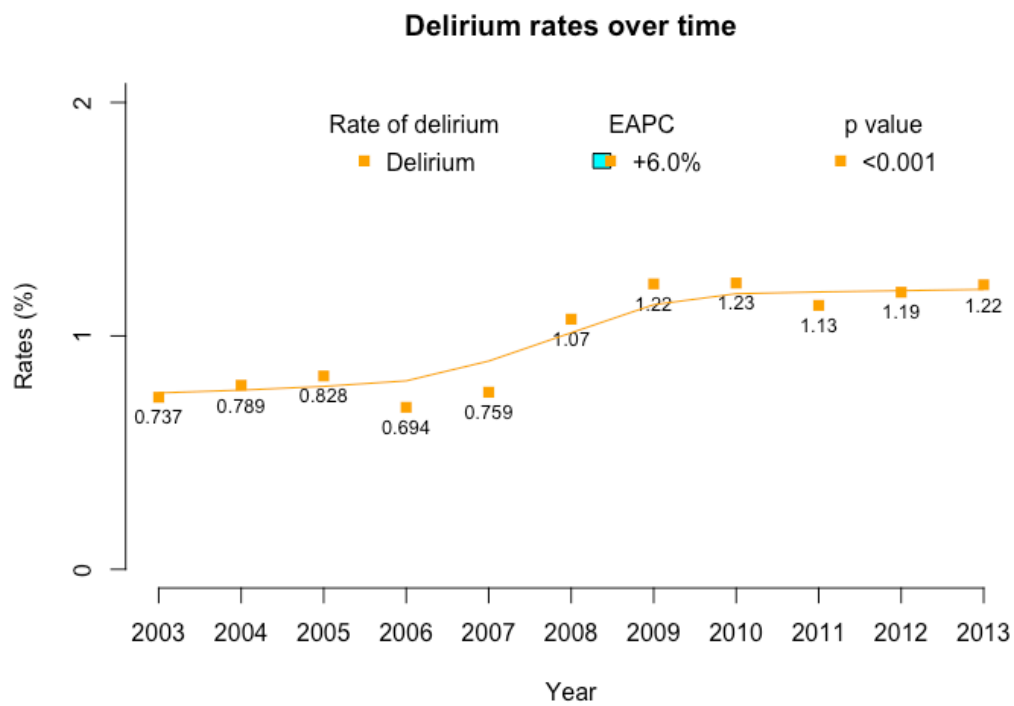


Fig. 2. Model-adjusted probability of a delirium event according to major surgical oncology procedures (MSOPs). Predicted probabilities are derived from multivariable logistic regression models that adjusted for patient demographics (ie, gender, race/ethnicity, Charlson comorbidity index and insurance status), and hospital characteristics (ie, hospital size, location, length of stay, teaching status, region, and hospital MSOP volume), as well as for patients neurologic disorder (dementia, alcohol induced mental disorder, mood disorder, non-organic disorder, anxiety disorder, alcohol dependence, schizophrenia disorder, drug dependence syndrome, non-dependent drug use and drug induced disorder).

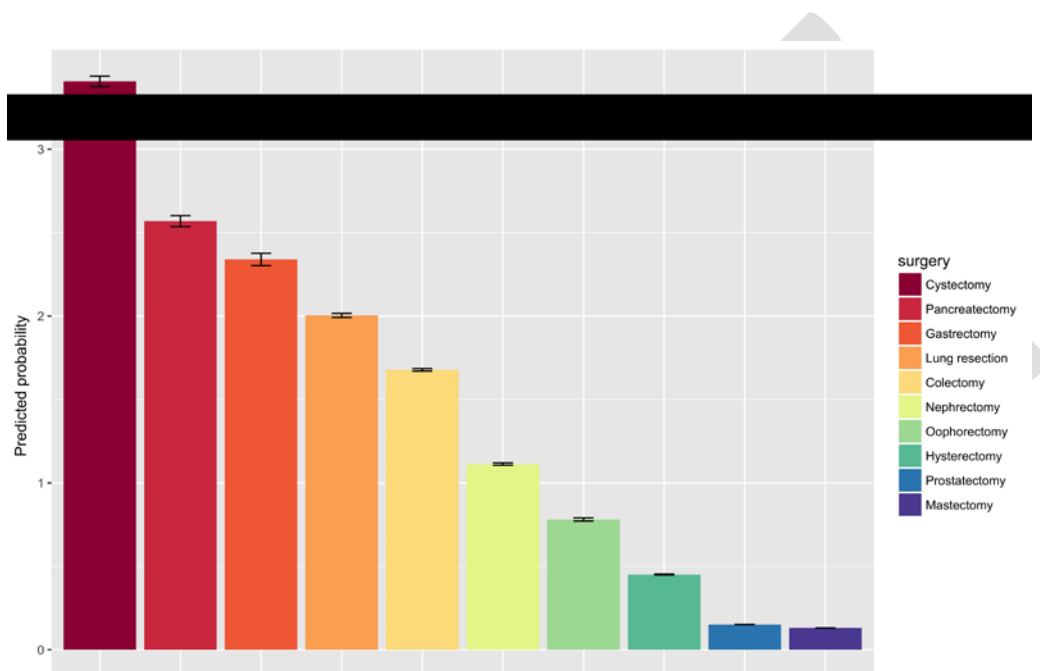


Table 1. Weighted descriptive characteristics of 3 431 632 patients older than 18 years undergoing major surgical oncology procedure, nationwide inpatient sample, 2003–2013

Variables	Overall (%)	Without delirium (%)	With delirium (%)
Weighted no. (%) of patients	3 431 632 (100.0)	3 398 637 (99.04)	32 994 (0.96)
Age at surgery, median (IQR)	64 (56–73)	64 (56–73)	75 (67–81)
Length of stay, median (IQR)	4 (2–7)	4 (2–7)	10 (7–16)
Year of surgery			
2003–2008	61.2	61.3	51.7
2009–2013	38.8	38.7	48.3
Gender			
Female	55.4	55.5	44.1
Male	44.6	44.5	55.9
Race			
Caucasian	62.9	62.8	69.1
African American	8	8	6.3
Non-Caucasian	29.1	29.2	24.7
CCI			
0	63.6	63.8	44.8
1	25	25	31.3
≥2	11.3	11.2	23.8
Hospital teaching status			
Non-teaching	41.5	41.5	43.1
Teaching	58.5	58.5	56.9
Annual MSOP hospital volume			
Low	32.5	32.5	35.2
Medium	33.8	33.8	34.8
High	33.7	33.7	30.0
Hospital region			
South	35.6	35.6	34
Midwest	23.5	23.5	26.9
Northeast	21.6	21.6	20.8
West	19.3	19.3	18.2
Insurance status			
Private	44.1	44.4	16.2
Medicaid	4.8	4.9	3.3
Medicare	46.3	46	78.3
Other	4.7	4.8	2.3
Hospital size			

Large	68.4	68.4	69.6
Medium	21.5	21.5	20.8
Small	10.1	10.1	9.5
MSOP			
Prostatectomy	19.8	20	2.8
Colectomy	18.8	18.7	33
Cystectomy	2.6	2.6	8.5
Gastrectomy	2.2	2.2	5.3
Hysterectomy	15.5	15.6	7.2
Mastectomy	15.6	15.7	2.1
Nephrectomy	11	11	12.6
Oophorectomy	2.2	2.2	1.7
Pancreatectomy	2	2	5.3
Lung resection	10.3	10.2	21.4
Concomitant psychiatric diagnoses			
Dementia	0.1	0.04	1.9
Alcohol induced mental disorder	0.1	0.1	1.3
Mood disorder	0.8	0.8	2.4
Non-organic disorder	0.2	0.2	0.7
Anxiety disorder	5	5	7.2
Alcohol dependence	0.3	0.3	0.5
Schizophrenia disorder	0.5	0.4	7.1
Drug dependence syndrome	0.1	0.1	0.5
Non-dependent drug use	10.4	10.3	12.6
Drug induced disorder	0.1	0.1	1

CCI: Charlson comorbidity index; IQR: interquartile range; MSOP: major surgical oncology procedures.

Table 2. Multivariable logistic regression for predicting delirium according to in-hospital complications within 3 431 632 major surgical oncology procedure (MSOP) patients, Nationwide Inpatient Sample, 2003–2013				
Complications	OR	CI 2.50%	CI 97.50%	p
Respiratory	1.92	1.80	2.04	<0.0001
Other	1.51	1.42	1.60	<0.0001
Neurological	1.46	1.18	1.80	0.0005
Infectious	1.36	1.22	1.51	<0.0001
Transfusions	1.33	1.25	1.41	<0.0001
Vascular	1.27	1.15	1.40	<0.0001
Gastrointestinal	1.14	1.07	1.22	<0.0001
Cardiac	1.10	1.03	1.18	0.008
Intraoperative	1.10	0.96	1.28	0.2
Genitourinary	1.06	0.97	1.16	0.2
Wound infections	1.01	0.90	1.14	0.8

Analysis was adjusted for type of surgery, length of stay, age, gender, race, type of procedure, year of surgery, region of the hospital, teaching status, hospital size, annual MSOP hospital volume, Charlson comorbidity index, and insurance status.

CI: confidence interval; OR: odds ratio.

Table 3. Multivariable logistic regression models, after fitting for age, gender, race, type of procedure, year of surgery, region of the hospital, teaching status, annual MSOP hospital volume, hospital size, Charlson comorbidity index, insurance status, and complications, for predicting the effect of delirium on elevated length of stay ($\geq 75^{\text{th}}$ percentile) in 3 431 MSOP patients, Nationwide Inpatient Sample, 2003–2013

Procedure specific effect of delirium on length of stay higher than the 75 th percentile	OR	CI 2.50%	CI 97.50%	p	Overall median length of stay, days (IQR)
Mastectomy	11.34	8.26	16.04	<0.0001	2 (1–2)
Prostatectomy	10.45	8.13	13.57	<0.0001	2 (1–3)
Hysterectomy	5.99	5.35	6.73	<0.0001	3 (2–5)
Nephrectomy	4.54	4.19	4.92	<0.0001	4 (3–6)
Oophorectomy	3.54	2.83	4.42	<0.0001	4 (2–7)
Lung resection	2.55	2.41	2.69	<0.0001	6 (4–9)
Cystectomy	2.03	1.85	2.23	<0.0001	8 (7–11)
Gastrectomy	1.88	1.67	2.11	<0.0001	10 (8–16)
Colectomy	1.86	1.78	1.95	<0.0001	7 (5–11)
Pancreatectomy	1.84	1.64	2.06	<0.0001	10 (7–16)

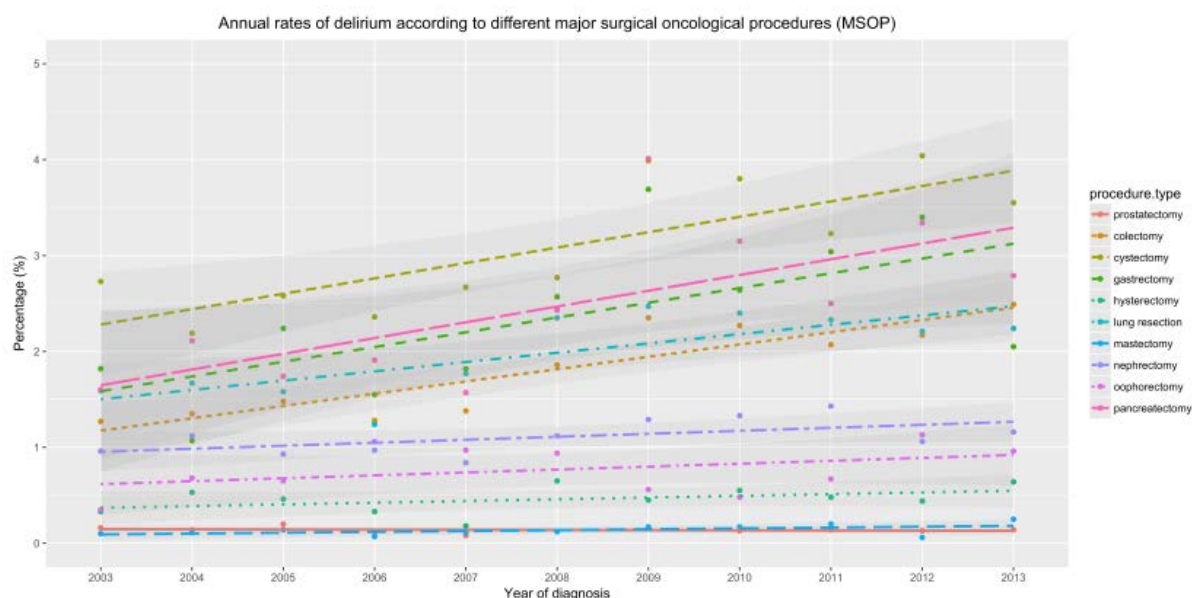
CI: confidence interval; IQR: interquartile range; OR: odds ratio,

Table 4. Multivariable logistic regression models, after fitting for age, gender, race, type of procedure, year of surgery, region of the hospital, teaching status, Annual MSOP hospital volume, hospital size, Charlson comorbidity index, insurance status and complications, for predicting the effect of delirium on increased in-hospital charges ($\geq 75^{\text{th}}$ percentile) in 3 431 632 MSOP patients, Nationwide Inpatient Sample, 2003–2013

Procedure specific effect of delirium on hospital charges higher than the 75 th percentile	OR	CI 2.50%	CI 97.50%	p
Prostatectomy	2.04	1.76	2.36	<0.0001
Lung resection	2.02	1.91	2.13	<0.0001
Oophorectomy	1.99	1.63	2.42	<0.0001
Cystectomy	1.86	1.70	2.03	<0.0001
Hysterectomy	1.77	1.61	1.95	<0.0001
Nephrectomy	1.74	1.62	1.87	<0.0001
Gastrectomy	1.73	1.54	1.94	<0.0001
Pancreatectomy	1.64	1.46	1.84	<0.0001
Colectomy	1.59	1.52	1.66	<0.0001
Mastectomy	1.49	1.23	1.80	<0.0001

CI: confidence interval; OR: odds ratio.

Supplementary Fig. 1. Delirium frequency of 3,431,632 patients underwent one of the ten examined major surgical oncology procedures (MSOPs), Nationwide Inpatient Sample, 2003-2013.



Supplementary Table 1. Nationwide inpatient sample codes for major surgical oncological procedure (MSOP) and complications	
MSOP	Codes
Cystectomy	"576", "577", "688"
Pancreatectomy	"604", "605", "6062"
Lung resection	"3220", "3229", "323", "324", "325", "326", "329"
Gastrectomy	"435", "436", "437", "438", "439"
Prostatectomy	"525", "526", "527"
Nephrectomy	"554", "5551", "5552", "5554"
Hysterectomy	"683", "684", "685", "686", "687", "688", "689"
Oophorectomy	"653", "654", "655", "656"
Mastectomy	"8521", "8522", "8523", "854"
Colectomy	"457", "458", "484", "485", "486", "173"
Complications	Codes
Intraoperative	"9982"
Cardiac	"4100", "4101", "4102", "4103", "4104", "4105", "4106", "4107", "4108", "4109", "4110", "4111", "41181", "41189", "40201", "40211", "40291", "4280", "4281", "42821", "42831", "42841", "4289", "4275", "9971"
Respiratory	"5180", "5184", "5185", "5187", "51881", "514", "4660", "46611", "46619", "4800", "4801", "4802", "4803", "4808", "4809", "481", "4820", "4821", "4822", "4823", "4824", "4828", "4829", "5070", "51881", "4830", "4831", "4838", "485", "486", "7991", "9973"

Genitourinary	<p>Diagnoses: "59010","59011","5902","59080","59081","5909","591","5933","5934","5935","59381","59382","59589","5961","5962","5966","9975","604","5991","7882","9963","5950","5970",</p> <p>Procedures: "5501","5502","5503","5512","5593","5594","9761","9762","561","5641","5673","5674","5675","5681","5682","5683","5684","5685","5686","5689","5691","598"</p>
Gastrointestinal	"5310","5311","5312","5313","5320","5321","5322","5323","5400","5401","5409","5600","5601","5602","5603","5608","5609","7876","9974","5692","5693","5695","5696","5793","00845"
Neurologic	"9970","99700","99701","99702","99709","436","951","952","953","954","955","956","3446","3530","354","355","7234"
Infection	"53641","51901","9985","993","038","0545","7907","99591","99592"
Vascular	"4151","41511","41512","41519","451","4510","4511","4512","4518","4519","4531","4534","45340","45341","45342","4538","4539","9972","9992","44422","44481","44489","433","4330","4331","4332","4333","4338","4339","434","4340","4341","4349","436","437","4371","4372","4374","4373","4375","4376","4377","4378","4379","430","431","435","4599","4442","4448","9977"
Wound infection	"9983","99830","99831","99832","99833","9985","99859","99851","9986","567"
Other	"0418","2768","4589","584","7823","7824","7855","9950","9954","9994","9996","9997","9984","9987","9988","9989","53640","53642","53649","5793","99586"
Transfusion	"9902","9904","9900","9904","9902","9900"

Supplementary Table 2. Multivariable logistic regression predicting delirium in 3 431 632 patients underwent one of ten major surgical oncology procedures, Nationwide Inpatient Sample, 2003–2013				
Predictors of delirium	OR	CI 2.50%	CI 97.50%	p
Cystectomy	9.25	7.73	11.07	<0.0001
Pancreatectomy	7.03	5.73	8.62	<0.0001
Lung resection	6.85	5.79	8.10	<0.0001
Gastrectomy	6.33	5.17	7.74	<0.0001
Colectomy	6.06	5.14	7.14	<0.0001
Nephrectomy	5.64	4.76	6.67	<0.0001
Oophorectomy	4.98	3.90	6.37	<0.0001
Hysterectomy	3.50	2.89	4.23	<0.0001
Mastectomy	1.15	0.91	1.45	0.2
Length of stay	1.04	1.04	1.05	<0.0001
Teaching hospital (ref. non-teaching)	1.01	0.95	1.08	0.7
Annual MSOP hospital volume low (ref. high)	1.00	0.93	1.08	0.9
Medium	1.03	0.96	1.11	0.4
Hospital size small (ref. large)	0.97	0.89	1.07	0.5
Medium	0.96	0.89	1.02	0.2
2009-2013 (ref. 2003–2008)	1.43	1.35	1.52	<0.0001
Age 55–64 (Ref. <55)	1.90	1.67	2.16	<0.0001
Age ≥65	3.80	3.32	4.35	<0.0001
Male (Ref. female)	1.38	1.30	1.46	<0.0001
African American (Ref. Caucasian)	0.82	0.73	0.91	0.0002
Non-Caucasian	0.88	0.82	0.94	0.0001
Charlson 1 (Ref. Charlson 0)	1.07	1.01	1.13	0.03
Charlson ≥2	1.20	1.12	1.29	<0.0001
Medicaid (Ref. private ins)	1.21	1.03	1.42	0.02
Medicare	1.58	1.44	1.73	<0.0001
Other	0.97	0.81	1.15	0.7
Midwest (Ref. South)	1.27	1.18	1.36	<0.0001
Northeast	1.03	0.95	1.11	0.5
West	1.11	1.03	1.21	0.008
Dementia	24.07	18.77	30.88	<0.0001
Alcohol induced mental disorder	0.90	0.65	1.25	0.5
Mood disorder	2.43	2.02	2.93	<0.0001
Non-organic disorder	1.23	0.90	1.68	0.2
Anxiety disorder	1.53	1.39	1.69	<0.0001
Alcohol dependence	14.51	12.68	16.62	<0.0001
Schizophrenia disorder	0.92	0.61	1.37	0.7
Drug dependence syndrome	1.70	1.09	2.67	0.02

Non-dependent drug use	1.11	1.02	1.20	0.01
Drug-induced disorder	4.81	3.65	6.33	<0.0001

CI: confidence interval; MSOP: major surgical oncology procedures; OR: odds ratio.

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