

APPENDIX. Men's health survey.

Part 1: Demographics

1. What is your age?
a) <30 b) 30-39 c) 40-49 d) 50-59 e) 60-69 f) >70
2. What gender do you identify with?
a) Male b) Female c) Other
3. What is your ethnicity?
a) Caucasian b) African American c) Asian d) Hispanic/Latino e) Aboriginal f) Other
4. What is your location?
5. What best describes the community you live in?
a) Urban >1 million b) Urban <1 million c) Rural
6. What year did you complete your medical training (M.D. or equivalent?)
7. Where did you complete your most post-graduate training (residency or fellowship)?
a) Canada b) United States c) Other
8. Are you currently practicing medicine?
a) Yes b) No
9. Which best describes your type of practice?
a) Academic b) Community
10. Where do you spend the majority of your clinical time?
a) Inpatient b) Outpatient c) Equal split

Part 2: Men's Health

1. Which areas of Men's Health:

	Do you currently see?	Do you feel comfortable treating?	Do you want to learn more about?
Erectile Dysfunction (Treatment and CV Disease)			
Sexual Dysfunction (Peyronie's Disease and Ejaculatory Dysfunction)			
Testosterone Therapy (Replacement, CV Disease, Prostate Ca, Fertility)			
Andropause			
Fertility/Infertility			
Male Pelvic Issues (pelvic pain and prostatitis)			
BPH/Voiding Dysfunction			
Prostate Cancer			
Testicular Cancer			
Other Cancer (colorectal, lung and bladder)			
CV Disease			

Obesity			
Metabolic Syndrome			
Health Lifestyle (alcohol, smoking, diet, exercise and sleep)			
Mental Health (depression and anxiety)			
Addiction			
Trauma			
Other			

Part 3: Men's Health Education/CPD

1) In the past I have earned Continuing Professional Development Maintenance of Certification credits from participation in the following activities?

- a) Association meetings
- b) Invited lecture series/dinner talks
- c) Topic specific workshops (i.e. weekend courses, hands-on courses)
- d) Hospital rounds (i.e. interesting case rounds, journal clubs, tumor boards)
- e) Hospital committees/quality care initiatives
- f) Journal articles/practice updates
- g) Web-based learning modules
- h) Audiotapes/podcasts/webcasts
- i) Point-of-care resources (i.e. Up-to-date, Dynamed)

2) *Rate your response to the statement:* In the past, the following sources of information (see below) have contributed to my knowledge of Men's Health? (Scale 1-5)

- 1 - Strongly disagree.
- 2 - Disagree.
- 3 - Neutral.
- 4 - Agree.
- 5 - Strongly agree.

- a) My residency/fellowship training
- b) Association meetings/conferences
- c) Lectures from experts in the field
- d) Published articles
- e) Clinical practice guidelines
- f) Consultant recommendations
- g) Discussion with my peers
- h) Discussion with an informed patient
- i) Mainstream print media (i.e. newspaper/magazines articles)
- j) Mainstream published books
- k) The internet
- l) Online podcasts or video (i.e. youtube)
- m) Documentary film

3) What are your motivations for wanting to learn more about Men's Health?

- a) A professional interest in the material
- b) Inadequate education/exposure during my residency/fellowship training
- c) It would be beneficial to my patients/practice
- d) My patients are expressing interest in it
- e) I do not know where to find quality information regarding Men's Health

4) *Rate your response to the statement:* I would be interested in participating in the following educational activities (see below) to learn about Men's Health? (Scale 1-5)

- 1- Strongly disagree
- 2- Disagree
- 3 - Neutral
- 4 - Agree
- 5 - Strongly agree

- a) A Men's Health curriculum integrated into my current association meeting(s)
- b) A novel national Canadian Men's Health meeting requiring travel
- c) An invited Men's Health lecture series/dinner talk(s) in my city
- d) A Canadian Men's Health weekend workshop in my city
- e) A series of published review papers addressing Men's Health topics from the Canadian perspective
- f) A curricula of web-based learning modules addressing Men's Health topics
- g) An audiocast/podcast/webcast library of Canadian experts discussing Men's Health issues
- h) A Canadian Men's Health website with professional education materials geared towards physicians

5) What would be your preferred format for delivery of educational content at a Men's Health CPD event? (Scale 1-5)

- 1 – Least preferred
- 2 – Not preferred
- 3 – Neutral
- 4 – Preferred
- 5 – Most preferred

- a) Didactic lectures from experts in the field
- b) Interactive workshops
- c) Case scenarios with an expert panel
- d) Audience Q&A with an expert panel
- e) A PRO/CON debate between experts in the field of a controversial topic
- f) Live patient testimonials/success stories
- g) Presentations by allied health professionals
- h) Presentations by industry

6) True/False. I would participate in educational activities covering Men's Health even if Maintenance of Certification credits were not awarded?

- a) True
- b) False