

A systematic management algorithm for perioperative complications after robotic-assisted partial nephrectomy

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Abstract

Nephron-sparing surgery (NSS) is the treatment of choice for T1 renal cell carcinoma (RCC). Since the first robotic-assisted partial nephrectomy (RAPN) was performed in 2004, NSS is being implemented with increasing frequency. RAPN will likely become the gold standard procedure for T1 RCC due to improved dexterity, enhanced visualization, shorter learning curve, quicker recovery time, and shortened warm ischemic time. Although RAPN appears to be the preferred treatment for select renal tumors, there are notable complications in up to 35% of cases. While complications associated with RAPN are well-described, there is a lack of literature describing appropriate management strategies. Herein, we review complications associated with RAPN and design an appropriate systematic management algorithm.

Introduction

Nephron-sparing surgery (NSS) is the treatment of choice for T1 renal cell carcinoma (RCC). The American Urological Association and European Association of Urology advocate nephron preservation when suitable, as this approach reduces the risk of chronic kidney disease (CKD).^{1,2} Open partial nephrectomy (OPN), laparoscopic partial nephrectomy (LPN), and robotic-assisted partial nephrectomy (RAPN) are the currently available surgical options for excision of T1 RCC. Although LPN has demonstrated excellent oncological outcomes and improved recovery times, it has not been widely implemented due to technical difficulties in comparison to OPN; LPN is, therefore, generally limited to high-volume centers.³

The first RAPN was performed in Germany in 2004 and is now being performed with increasing frequency.⁴ Robotic surgery is associated with improved dexterity, better visualization, and ergonomic advantages, making minimally invasive partial nephrectomy more accessible to urologists.

In addition, RAPN has less warm ischaemic time (WIT) compared to OPN and LPN, which may reduce the risk of CKD.^{5,6}

Although RAPN appears to be the preferred treatment for select renal tumors, there are notable complications in up to 35% of cases.⁷ The vast majority are classified as low-grade complications, with 50% being medically related.⁸ High-grade complications, where an intervention is required, has an incidence of 6–8% after RAPN.^{9,10} Although complications associated with RAPN are well-described, there is a lack of data describing appropriate management strategies. Herein, we discuss complications associated with RAPN and design an appropriate systematic management algorithm.

Methods

A systematic literature search was performed using the PubMed and Embase databases to identify peer-reviewed articles that studied perioperative complications related to RAPN. The search was conducted on September 26, 2018. The search was performed using the following search algorithm: “partial nephrectomy” and “complications” and “robot” and “management.” Studies between January 2008 and September 2018 were included. Publications comparing complications between RAPN, LPN, and OPN were included. Case reports and case series were excluded. Publications not in the English language were included if the data could be interpreted. Two authors (JR and EM) examined the title, abstracts, and full-texts of potentially eligible articles in detail. References in each paper were reviewed for suitability to be included in the literature review. From the literature search, 30 papers were suitable for this narrative-based review (Fig. 1, Table 1). The main data analyzed were types and incidence of complications specifically related to RAPN and the respective management of each. Medical complications were excluded.

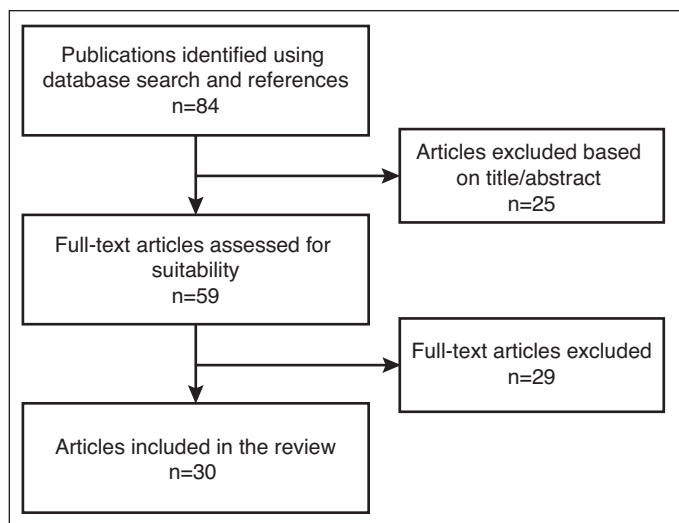


Fig. 1. Preferred reporting items in systematic reviews and meta-analyses (PRISMA) diagram.

Results

Predictive factors

Current guidelines recommend a detailed risk assessment prior to partial nephrectomy to identify patients that are at an increased complication risk.^{1,2} Several factors relating to the patient, tumor, and the surgeon affect the perioperative outcome. The most common patient factors associated with increased risk of perioperative complications and lower five-year survival rates are male gender, increased age, lower preoperative hemoglobin, and presence of comorbidities such as uncontrolled hypertension, diabetes, and respiratory or cardiovascular disease.¹¹⁻¹³ Mari et al performed a large, prospective, multicenter study looking at predictive factors for postoperative complications in 979 patients who underwent a partial nephrectomy. However, only 117 of these patients underwent a RAPN and nephrometry scores were not reported.¹¹ Several studies have used predictive nephrometry (C-index, RENAL, and PADUA) scoring systems based on tumor characteristics with some success.^{12,14-16} Location of the tumor adjacent to the hilum, involvement of the collecting system, and increasing tumor size over time demonstrated a statistically significant association with perioperative complications. A higher nephrometry score is also associated with a decrease in estimated glomerular filtration rate (eGFR) in the immediate postoperative period.¹³ However, all studies were performed retrospectively and were not used in the preoperative planning of every case.

RAPN has significantly decreased the learning curve for laparoscopic tasks, such as suturing, compared to traditional laparoscopic surgery. For LPN, an estimated 100–150 cases are required to overcome the learning curve compared to

≤35 cases for RAPN.¹⁵ A more favorable learning curve may decrease complications relating to the surgeon's experience, as demonstrated in one study where there was a reduction in estimated blood loss, length of stay, postoperative complications, and conversion rate as the surgeon's learning curve improved.¹⁶

Complications

Perioperative

Perioperative complications are classified according to the Clavien-Dindo system.¹⁷ Clavien-Dindo grades 3–5 will be the main focus of this narrative review, with exclusion of medical complications. Studies describe an overall perioperative complication rate of 7–35% for RAPN.^{5,7,15,18} This wide range is likely due to under-reporting of lower-grade (Clavien-Dindo 1–2) complications among groups. The incidence of higher-grade complications (i.e., Clavien-Dindo 3–5) varies from 3–8% when medical complications are excluded.^{9,10,19,20} A stepwise management algorithm for postoperative complications specifically associated with RAPN is illustrated in Fig. 2.

Intraoperative complications

Intraoperative complications for RAPN are infrequent and are typically due to hemorrhage. Estimated blood loss intraoperatively is usually 150–350 ml.^{10,20} One study reviewed 886 patients undergoing RAPN and described an incidence of 2.6% (n=23) for intraoperative complications. Nine were related to hemorrhage requiring blood transfusion, of which two transfusions were due to a venotomy and two were due to an unclamped accessory renal artery. In addition, one transfusion occurred due to an inferior epigastric artery injury after insertion of a laparoscopic trochar and four transfusions were due to bleeding in the renal bed.²¹ Management of bleeding is dependent on the location. A contrast-enhanced computed tomography (CT) scan will aid in the preoperative planning and identification of hilar structures. Benway et al advise that, once the mass has been excised, meticulous hemostatic measures, such as cauterization and suturing of the renal bed with placement of sliding clip renorrhaphy sutures, can be performed.²² In this study, the renal bed of 13 RAPN were closed with traditional tied sutures and sliding clip renorrhaphy was performed on 37 RAPN. The use of sliding clip renorrhaphy resulted in significant reductions in operative time and WIT. In cases of large-volume intraoperative haemorrhage, conversion to laparoscopic or open radical nephrectomy may be required.²³

Other associated intraoperative complications include visceral injuries. Bowel injury rarely occurs, and the incidence rate is 0.25%.²⁴ Manipulation of the bowel during

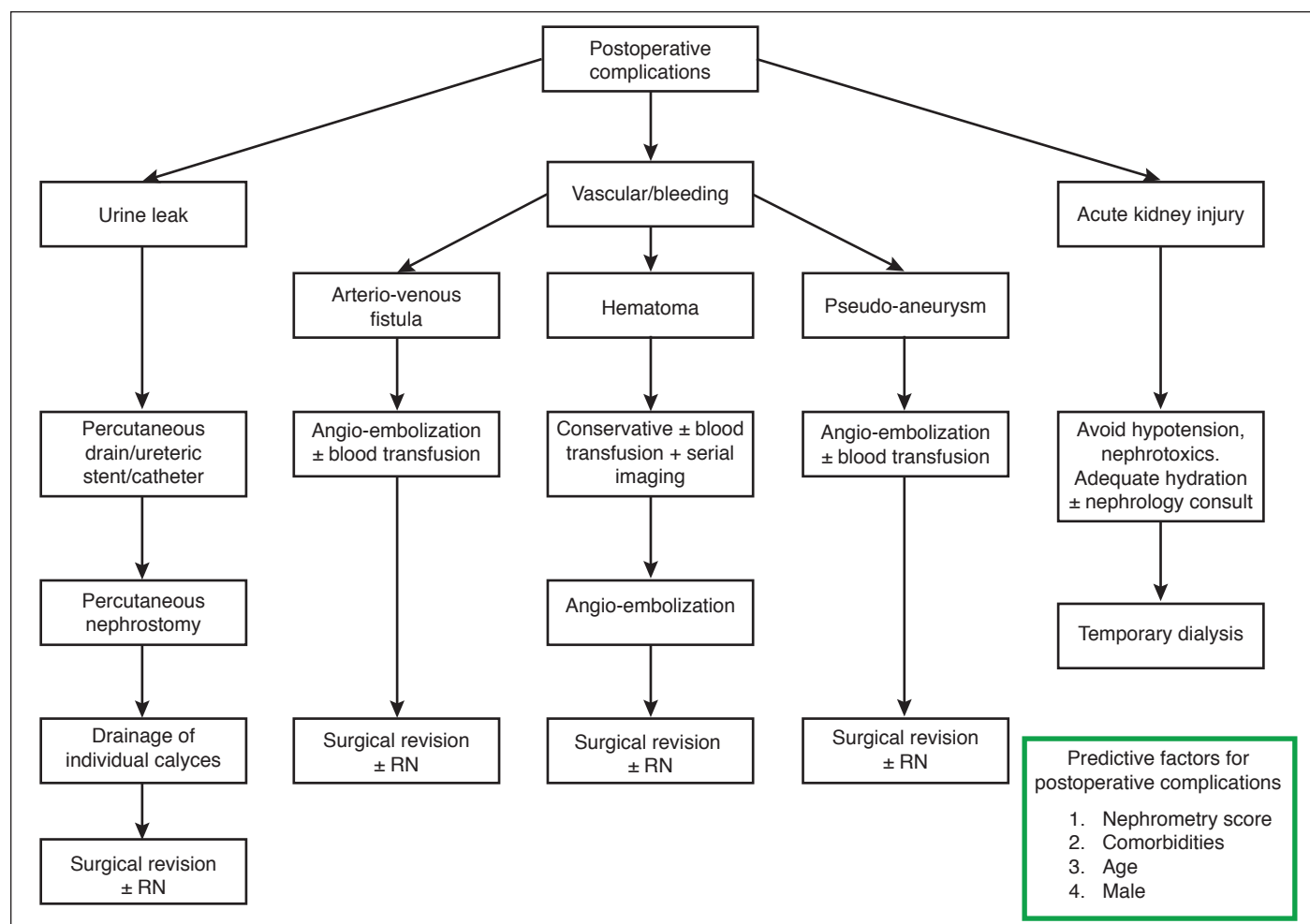


Fig. 2. Management algorithm for postoperative complications specific to robotic-assisted partial nephrectomy. RN: radical nephrectomy

surgery should be performed gently with atraumatic instruments. Small lacerations in the bowel with no spillage of bowel content into the abdomen can be closed primarily if identified at the time of surgery. Larger, full-thickness lacerations or ones diagnosed postoperatively may require resection and input should be sought from a colorectal surgeon. Splenic injuries during RAPN occur in around 0.08% of cases.²⁴ Splenic injuries can occur due to manipulation of the left kidney when traction is exerted on the splenic ligaments. Treatment of splenic injuries is dependent on the severity of the injury. Electro-cautery and hemostatic agents are used to control bleeding, however, if this fails, a splenectomy is required. Hepatic injury is typically related to a thermal injury or laceration from retraction. In general, thermal injuries do not require any intervention. Hepatic lacerations cause significant bleeding and should be initially addressed with electrocautery and hemostatic agents. Larger lacerations with uncontrolled bleeding or damage to the biliary system should involve a hepato-biliary surgeon. Injury to the pancreas is a rare occurrence and capsular injuries

can be closed primarily. However, pancreatic leaks may require a partial pancreatectomy and patients require close postoperative monitoring for pancreatitis. Incisions above the 12th rib can result in pleural or diaphragmatic injuries. Pneumothorax during RAPN occurs infrequently; the reported incidence rate is 0.75%.²⁵ Management of a pneumothorax should be in consultation with a cardiothoracic surgeon or respiratory physician, as carefully selected cases can be managed conservatively. A pneumothorax causing hemodynamic instability or respiratory compromise will require a chest drain and serial chest radiographs to ensure resolution.

Postoperative complications

The most common Clavien-Dindo grade 3–5 postoperative complications are bleeding requiring blood transfusion or surgical/radiological intervention, urine leak, acute kidney injury, arteriovenous fistula (AVF), and pseudo-aneurysm.

Re-bleeding during the postoperative period is relatively common after RAPN. In one large study among 400 patients,

Table 1. Level of evidence of each paper included in the review based on the Oxford Center for Evidence-based Medicine

Study	Study design	Level of evidence
Campbell et al ²	Systematic review	2A
Reifsnnyder et al ³	Retrospective cohort study	2B
Gettman et al ⁴	Case series	4
Benway et al ⁵	Retrospective cohort study	2B
Vittori et al ⁶	Retrospective cohort study	2B
Ellison et al ⁷	Retrospective cohort study	2B
Wülfing et al ⁸	Narrative review	2B
Benway et al ⁹	Retrospective cohort study	2B
Aboumarzouk et al ¹⁰	Systematic review	2A
Mari et al ¹¹	Retrospective cohort study	1B
Mathieu et al ¹²	Retrospective cohort study	2B
Reddy et al ¹³	Retrospective cohort study	2B
Hew et al ¹⁴	Retrospective cohort study	2B
Wang et al ¹⁵	Narrative review	2B
Kaouk et al ¹⁶	Retrospective cohort study	2B
Spana et al ¹⁸	Retrospective cohort study	2B
Kaouk et al ¹⁹	Prospective cohort study	2B
Bertolo et al ²⁰	Retrospective cohort study	2B
Tanagho et al ²¹	Prospective cohort study	2A
Benway et al ²²	Case control study	3B
Nepple et al ²³	Expert opinion	5
Zargar et al ²⁴	Retrospective cohort study	2B
Khalifeh et al ²⁵	Retrospective cohort study	2B
Hyams et al ²⁶	Retrospective cohort study	2B
Potretzke et al ²⁷	Retrospective cohort study	2B
Caputo et al ²⁸	Narrative review	2B
Erlach et al ²⁹	Retrospective cohort study	2B
Gonzalez-Aguirre et al ³⁰	Narrative review	2B
Porpiglia et al ³¹	Prospective cohort study	2B
Kim et al ³²	Retrospective cohort study	2B

15.3% (n=63) developed a postoperative complication, of which, 47% (n=29) of all complications were due to bleeding requiring blood transfusion.¹⁹ This study collected data retrospectively on a prospectively maintained database and gave a detailed description on their operative technique. However, authors did not comment on the patient demographics and operative factors that were specifically associated with an increased risk of postoperative hemorrhage. Management of postoperative hemorrhage is dependent on the volume of blood loss and can vary from conservative, to blood transfusion, to angio-embolization or emergency nephrectomy.

Hyams et al reviewed 998 patients undergoing RAPN and found an incidence rate of 1.7% for renal artery pseudo-aneurysms and 0.3% for AVF.²⁶ Renal artery pseudo-aneurysms arise from intraoperative arterial trauma resulting in communication with the extravascular space or formation of a fistula with the collecting system. Patients typically present at day

14 postoperatively with symptoms of hematuria and/or flank pain. AVFs occur less frequently than renal artery pseudo-aneurysms. Most AVFs are asymptomatic but can also present with symptoms of pain, hematuria, hypertension, or high-output cardiac failure. Angio-embolization is the treatment of choice for an actively bleeding vessel, AVF, or pseudo-aneurysm when interventional radiology is readily available, as surgical revisions are more likely to result in a completion nephrectomy. Selective angio-embolization is effective for the management of AVFs and pseudo-aneurysms in ≤95% of cases.²⁶ This is the largest study to date looking at AVFs and pseudo-aneurysms post-partial nephrectomy. However, this multicenter study included both LAPN and RAPN and did not compare the outcomes of both separately. New renorrhaphy techniques providing better closure of the renal bed may also decrease the incidence of this complication.

Urine leak is associated with larger, more complex tumors that are centrally located or near the renal collecting system. Urine leak is a relatively rare complication post-RAPN in comparison to OPN or LPN (0.5–4% for RAPN vs. 1–16% for LPN vs. 1–17% for OPN).^{5,7,24,27} This is more than likely due to enhanced vision and improved dexterity from robotic surgery in conjunction with novel techniques for closure of the renal capsule, such as sliding clip renorrhaphy, to provide a high-tensile closure.²² Higher tumor complexity necessitating OPN may also contribute to the differences in urinary leak rate.¹³ Symptoms and signs of a urine leak include increased drain output, fever, abdominal pain, and peritonitis. The time at presentation is variable, with a median of 13 days (range 3–32).²⁷

Caputo et al referred to three key principles involved in the management of a postoperative urine leak:

- 1) Drainage of urinoma;
- 2) Unobstructed distal urinary flow; and
- 3) Prevention of infection.²⁸

This management strategy is achievable with a percutaneous drain, ureteric stent, or urethral catheter, depending on the injury. For persistent urine leaks, urinary diversion with a percutaneous nephrostomy may be necessary to facilitate healing. Percutaneous nephrostomy in this patient cohort can be difficult, as typically, the renal pelvis is not dilated due to the urine leak. Erlach et al reviewed 752 who underwent partial nephrectomy, of which 2.8% (n=21) experience a urine leak postoperatively. Four of the patients had spontaneous resolution of the urine leak, one patient underwent a nephrectomy, and 16 patients were treated with retrograde ureteric stents. Out of the 16 patients who required a ureteric stent, one patient required insertion of a percutaneous nephrostomy.²⁹ This study is retrospective and only looked at complications from LPN and OPN. Erlach et al also compared a number of surgeons over a 30-year period and could not exclude different surgical technique as an attributable factor. In the vast majority of cases, drainage of the urinoma

is sufficient to allow healing of the collecting system defect.³⁰ Collecting system strictures may inhibit unobstructed distal urinary flow even in the presence of a ureteric stent, and drainage of isolated calyces may be necessary.

Acute kidney injury is more common in patients with pre-existing renal disease, in patients with solitary kidneys, and in patients with bilateral tumors. Acute kidney injury occurs as a result of acute tubular necrosis secondary to global renal ischemia. Methods to reduce renal ischemia involve decreasing WIT and reducing the effects of decreased renal perfusion by early unclamping of the artery, which decreases the rate of acute kidney injury. Importantly, this should be counterbalanced with the increased risk of bleeding. WIT should not exceed 25 minutes for partial nephrectomy.³¹ Prolonged WIT has been shown to negatively impact renal function postoperatively. Reduced renal function has been shown to last at least one year after a prolonged ischemic time during partial nephrectomy.³¹ One method for reducing the effects of ischemia is cooling the kidney with ice; this should be considered if the anticipated ischemic time is >25 minutes.

Treatment of an acute kidney injury involves reducing further insult to the kidney by ensuring adequate hydration, avoiding hypotension, and avoiding nephrotoxic agents in consultation with a renal physician. Although the risk of CKD is significantly less with partial nephrectomy compared to radical nephrectomy, it is still a relatively common complication. Kim et al reported a 6.2% incidence of new-onset CKD after partial nephrectomy.³² Khalifeh et al demonstrated upstaging in CKD ≥ 1 class after partial nephrectomy in 20.2% of patients.²⁵ This study was performed retrospectively. Of the 427 patients that underwent a RAPN in this center, only 134 were suitable, as patients were required to have a minimum of two-year followup.

Conclusions

Current guidelines recommend an organ-preserving procedure whenever technically possible. RAPN is associated with fewer complications in comparison to OPN and LPN. Urologists should be familiar with predictive factors for complications associated with RAPN so that they can be promptly recognized and addressed during the perioperative period. A stepwise management algorithm provides appropriate guidance to urologists for managing perioperative complications after RAPN.

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This paper has been peer-reviewed.

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