Canadian geography is vast. As a result, community urologists outside of major urban areas without the luxury of nearby dedicated children’s hospitals need to be familiar with and comfortable making decisions regarding children with common inguinoscrotal complaints. As we struggle with the implementation of a competency-based system of residency training, it is clear that there are knowledge domains that are a must (like those in this article) and there are surgical skills that would be nice to have, but sometimes not safe to implement, due to lack of local support. This message cuts across all spheres of urology; prostate-related, pediatric, or otherwise.

A few take home messages I gleaned from this article:

1. Don’t order routine ultrasounds for undescended testes, palpable or not. It just wastes resources and delays definitive consultation and management.
2. In the setting of a pediatric testis mass with a normal alpha-fetoprotein (AFP), an attempt at testis-sparing surgery is not oncological heresy.
3. For sure, the hot potato of urology is acute scrotal pain. The majority of boys presenting to the emergency room with scrotal pain do not have testicular torsion, but...what if? Selective use of Doppler ultrasound can be helpful, albeit not universally available after-hours. The ability to make a decision is paramount. Interested readers should consult some recent evidence that can help us all make decisions in this anxiety-provoking situation.²

This excellent and succinct review by Guerra and Leonard should be required reading for all urologists. In addition, download it and send it along to your referring primary care physicians.

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1. Leonard MP. Personal communication. Circa 1994

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“The prostate is the sun around which all satellites of urology orbit, except pediatric urology”¹

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