# Tubulocystic renal cell carcinoma: Report of a rare case

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Cite as: Can Urol Assoc J 2015;(9-10):E654-7. http://dx.doi.org/10.5489/cuaj.2935 Published online September 9, 2015.

## **Abstract**

Cystic neoplasms of the kidney are rare, and present a unique diagnostic challenge. We report the case of an elderly male who presented with a large cystic neoplasm, which was a diagnostic dilemma clinically and radiologically. Histopathological examination showed a tumour composed of variably sized tubules lined by atypical cells having large round nuclei with prominent nucleoli. Hobnailing was seen at places. Tumour cells were immunopositive for pancytokeratin, vimentin, CD10, CK19 and AMACR, confirming a diagnosis of tubulocystic renal cell carcinoma (TC-RCC).

## Introduction

Cystic neoplasms of the kidney are rare, accounting for about 10% of renal cell carcinomas (RCC). They present a unique diagnostic challenge as they include diverse differential diagnoses, radiological features are not always conclusive, and they include some newer unknown entities. We report the case of an elderly male with a large cystic neoplasm in the kidney, which presented a diagnostic dilemma clinically and radiologically.

## **Case report**

This 65-year-old male presented with complaints of left flank pain for 6 months. The pain was dull, aching, and did not radiate to any other site. He had also noticed a mass in the left flank, which gradually increased in size. There was history of intermittent fever, as well as significant weight loss and loss of appetite. History of dysuria or hematuria was absent. On examination, a  $12 \times 16$ -cm mass was identified in the left lumbar and iliac regions. The mass was non-tender, firm in consistency, had well-defined borders, lobulated surface, and moved minimally with respiration.

Abdominal ultrasound showed a complicated cystic lesion with internal septations, debris, and hemorrhage. Contrastenhanced computerized tomography of the abdomen revealed a large, solid-cystic lesion with enhancing septae arising from lateral margin of the left kidney. Radiologically, it was considered a Bosniak grade IV lesion, with possibilities of RCC with cystic change, some other cystic neoplasm or a hydatid cyst. Hydatid serology was negative, and the patient underwent a left radical nephrectomy with a clinical diagnosis of a malignant cystic neoplasm. Intraoperatively, a lobulated cystic mass was seen replacing the whole left kidney. In total, 70 mL of brownish fluid was aspirated from the cystic areas.

## **Pathological examination**

On gross examination, a left nephrectomy specimen measured  $16 \times 14 \times 9$  cm and weighed 600 grams. A large brown, fleshy tumour measuring  $15 \times 12 \times 5$  cm, with numerous large and small cysts within it, was identified (Fig. 1). The overlying renal capsule was intact. The tumour reached the renal pelvis.

Microscopic examination (Fig. 2) showed a tumour composed of well-formed small-sized to medium-sized tubules and cystically dilated larger tubules, separated by thin fibrovascular septae. These luminal spaces were lined by atypical cuboidal to columnar cells with abundant eosinophilic cytoplasm. Nuclei were large, round, vesicular, with prominent nucleoli (nucleolar grade 3). At places, the tumour cells showed hobnailing. Mitoses were infrequent. The fibrous septae separating the tubules were pauci-cellular and lacked the appearance of ovarian stroma. No solid sheets of cells, groups of neoplastic clear cells or papillary structures were identified. Based on the histomorphological features, a diagnosis of tubulocystic RCC (TC-RCC) was considered.

An immunohistochemical panel was applied to confirm the diagnosis and rule out tumours with similar morphology, such as collecting duct carcinoma and mixed epithelial stromal tumour (MEST). Tumour cells demonstrated immu-



 $\emph{\it Fig. 1.} \ Left nephrectomy specimen shows a large brown, fleshy tumour with numerous variably sized cysts.$ 

nopositivity for pancytokeratin, vimentin, CD10, CK19 and AMACR (Fig. 3), and were negative for CK7. No reactivity for estrogen receptors, progesterone receptors or smooth muscle actin was noted in the stroma. A final diagnosis of TC-RCC was rendered. At last follow-up, the patient had no evidence of disease recurrence or progression 1 year after surgery.

#### **Discussion**

TC-RCC is a rare, relatively new entity, previously described as "Bellinian epithelioma" and "low-grade collecting-duct carcinoma." It has recently been included in the International Society of Urological Pathology (ISUP) Vancouver Classification of Renal Neoplasia as a new renal epithelial tumour. About 70 cases have been reported to date.

TC-RCC is a tumour of adulthood, with a mean age of 60 years and a strong male preponderance.<sup>1-3</sup> Patients are often asymptomatic, which has been attributed to the small size of these tumours (usually <2 cm). Patients harbouring larger tumours may, however, present with abdominal pain, distension, or even hematuria.<sup>4</sup> These tumours are circumscribed, unencapsulated, and cortical in location. Their cut surface has been described as having a spongy, "bubble-wrap" or "Swiss cheese" appearance, imparted by the numerous variably sized cysts.

On microscopy, these dilated tubules and cysts are lined by a single layer of neoplastic cells which range from flat, hobnail, cuboidal, cylindrical to columnar. They are sepa-

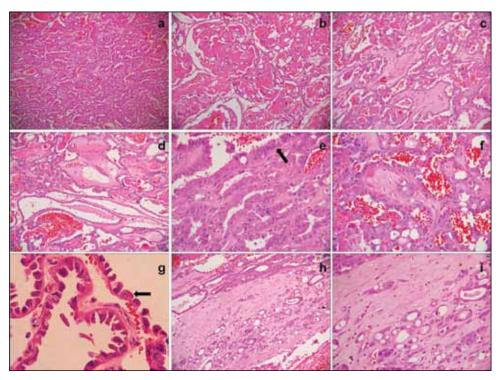


Fig. 2. Photomicrographs show a tumour composed of variably sized tubules (a: Hematoxylin and eosin stain [H&E] ×100) and cystic spaces (b: H&E ×100) that are separated by thin, hypocellular fibrovascular septae (c: H&E ×200), with the lining epithelium showing tombstone appearance focally (d: H&E ×200); the tubules are lined by atypical cuboidal to pseudostratified ciliated columnar cells (arrow) with abundant eosinophilic cytoplasm (e: H&E ×400), large round to ovoid nuclei with prominent nucleoli (f: H&E ×400) and hobnail appearance (g: H&E ×600); solid areas show smaller tubules lined by similar atypical cells in a sclerotic stroma (h: H&E ×200; i: H&E ×400).

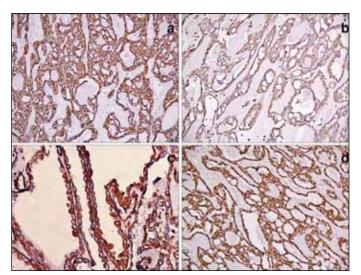


Fig. 3. Tumour cells are immunopositive for CK19 (a:  $\times 200$ ), vimentin (b:  $\times 200$ ), CD10 (c:  $\times 400$ ) and AMACR (d:  $\times 200$ ).

rated by thin, hypocellular fibrous septa that lack ovariantype stroma or desmoplasia, as seen in MEST and CDC, respectively, or the myxoid, edematous stroma seen in oncocytoma with predominant tubulocystic pattern.<sup>5</sup> Solid areas, small foci of clear cell change or papillary configuration are rare, and may herald aggressive behaviour and worsen clinical outcome.<sup>2,6,7</sup> However, more recent data have suggested that TC-RCCs with focal dedifferentiation (TC-D-RCC) may actually represent hereditary leiomyomatosis RCC syndrome – associated RCC (HLRCC), as some TC-D-RCC cases show loss of fumarate hydratase immunoexpression and S-(2-Succino)-Cysteine (2SC) immunopositivity, similar to HLRCC (Table 1).<sup>8</sup>

The histogenesis of TC-RCC remains unclear. Tumour cells have some features of proximal nephron differentiation, and others related to distal nephron. Immunohistochemically, they are also positive for markers of proximal convoluted tubule (PCT) (CD10, carbonic anhydrase IX, vimentin, AMACR) as well as distal tubule/collecting duct (CK7, CK19, parvalbumin, BerEp4). Ultrastructurally, they display cells with abundant microvilli, with a brush border appearance resembling PCT, along with cells with complex cytoplasmic interdigitations reminiscent of intercalated cells of collect-

Diagnosis	Sex predilection	Gross appearance	Microscopy on low magnification	Epithelial features	Nuclear features	Immunohistochemistry					
						CD10	СК7	AMACR	PAX8/ PAX2	ER, PR (stroma)	Desmin/ SMA (stroma)
TC-RCC	Males	Cortical, circumscribed, bubble wrap appearance	Variably sized cysts/ tubules; thin, hypocellular septae	Cuboidal, hobnailing	High grade, nucleoli	Pos	Neg	Pos	Pos in <50%	Neg	Neg
CN	Females	Large cysts	Variably cellular, ovarian-type stroma	Flat, low cuboidal, hobnailing	Low grade	Neg	Neg	Neg	Pos	Pos	Neg
CDC	None	Medullary/ hilar, infiltrative mass	Irregular, angulated glands infiltrating desmoplastic stroma	Marked pleomorphism; hobnailing	High nuclear grade	Neg	Pos	Neg	Pos	Neg	Neg
MC-RCC	None	Variably sized cysts	Septae with groups of clear cells	Cells with clear cytoplasm	Low grade	Pos	Variable	Neg	Pos	Neg	Neg
Oncocytoma -TC	Males	Solid-cystic	Variably sized dilated tubules, scant stroma	Cuboidal cells with intensely eosinophilic cytoplasm	Uniform, round; nucleoli variably present	Neg	Focal pos	Neg	Pos	Neg	Neg
MEST	Females	Usually solid, rarely cystic	Complex cysts and tubules, ovarian-type stroma	Flat, cuboidal, or columnar cells	Low nuclear grade	Pos	Neg	Variable	Pos	Pos	Pos

TC: tubulocystic; RCC: renal cell carcinoma; CN: cystic nephroma; CDC: collecting duct carcinoma; MC: multilocular cystic; Oncocytoma-TC: oncocytoma with predominantly tubulocystic pattern; MEST: mixed epithelial stromal tumour; Pos: positive; Neg: negative; SMA: smooth muscle actin; ER: estrogen receptor; PR: progesterone receptor.

ing ducts.<sup>2,9</sup> The presence of features of both proximal and distal nephron led Brennan and colleagues to hypothesize an origin from renal tubule stem cells.<sup>10</sup> As gene expression profiling and detection of molecular alterations (gains in chromosomes 7 and 17, loss of chromosome Y) are similar to papillary RCC (PRCC), a relationship between TC-RCC and PRCC has been proposed.<sup>3,11</sup> Documentation of concomitant TC-RCC and PRCC in same kidney and of foci of PRCC within TC-RCC has supported this proposal.

Radical nephrectomy is the generally recommended treatment for TC-RCC. However, partial nephrectomy may be performed for small superficially located tumours. Not much is known about the use of molecular targeted therapy, with some documented response to sunitinib. 12 The biological behaviour of these tumours is not well-established. Most tumors have shown indolent behaviour. 1 However, local recurrences, as well as metastases to lymph nodes, liver, bone and brain have been described. 2-7,13 One cannot at present be certain of the outcome, especially in unusual cases where there is focal clear cell, papillary or sarcomatoid change.

## **Conclusion**

Cystic neoplasms of the kidney include a number of entities, including newly described ones. Diagnostic clues lie in the in the neoplastic epithelial component as well as in the stroma. An appropriate panel of immunohistochemical markers is required to arrive at the right diagnosis. In newer entities, patients should be followed up and their outcome reported, as the biological behaviour of cystic neoplasms is still uncertain. In view of the slight, but definite, risk of metastases, all patients diagnosed with TC-RCC should be strictly followed up.

Competing interests: The authors all declare no competing financial or personal interests.

This paper has been peer-reviewed.

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