

An unusual presentation of colon perforation following percutaneous nephrolithotomy

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Abstract

Colon perforation is a rare but serious complication of percutaneous nephrolithotomy (PCNL), meriting particular attention to its signs and symptoms for prompt diagnosis and treatment. We report an unusual presentation of colon perforation following tubeless PCNL, characterized by sore throat, pneumomediastinum, and neck and shoulder crepitus. In addition to the details of this case, we review the current literature on bowel injury during PCNL and its management.

Introduction

Percutaneous nephrolithotomy (PCNL) is the gold standard for the elimination of large renal calculi,^{1,2} providing maximal stone-free rates with minimal trauma to the kidney and surrounding tissues. Nonetheless, significant risks remain, including those of bowel perforation, pleural injury, and bleeding. Though injury to the retroperitoneal colon is rare, occurring in fewer than 1% of cases,^{3,4} the potential severity of this complication is such that a high index of suspicion and alertness for its signs and symptoms are essential during the postoperative period. In this paper, we describe an unusual presentation of colon perforation following PCNL and discuss its management, with reference to the relevant literature.

Case report

An obese 78-year-old female with no surgical history presented to the emergency department with left-sided flank and abdominal pain. Supine computed tomography (CT) scan of the abdomen and pelvis revealed complete duplication of

the renal collecting system bilaterally, with hydronephrosis of the left upper-pole moiety secondary to 3 large obstructing calculi at the ureteropelvic junction. The patient was referred to urology. As her symptoms were well-controlled by medication alone, a plan was made to defer any urologic instrumentation until 3 weeks after another elective surgical procedure, laparoscopic cholecystectomy for biliary colic, following which she would undergo PCNL.

After the patient was administered cefazolin for antibiotic prophylaxis, a PCNL was performed with the patient in a prone position. Percutaneous access to a posterior middle calyx, corresponding to the lower part of the upper-pole moiety, was obtained by an experienced interventional radiologist under fluoroscopic vision. The puncture was made subcostally, just lateral to the paraspinal muscles (Fig. 1). Using a balloon dilator, the percutaneous tract was upsized to 30-Fr in routine fashion, without any suspicion of bowel injury. The stones were removed intact, a JJ ureteral stent was placed antegrade, and after hemostatic matrix was placed into the tract, the percutaneous nephrostomy tube was removed. No feces were seen on the balloon or the 30-Fr access sheath. Postoperative labs were unremarkable, with a white-blood-cell count (WBC) of 4, unchanged from her preoperative baseline count.

Postoperatively, the patient was febrile to 101.2°F, but she subsequently defervesced and remained afebrile with stable vital signs throughout the rest of her hospital stay. Blood tests were similarly reassuring, with her WBC reaching a zenith of 8.9 on the morning of postoperative day (POD) 1 and subsequently trending downward. Cefazolin was continued for perioperative prophylaxis through POD 1, as per routine. The morning after surgery, the patient denied abdominal complaints, but reported a sore throat and substernal chest pain; palpation did not reproduce this pain, but did elicit crepitus at the neck. A plain film of the chest demonstrated pneumomediastinum, pneumoperitoneum, and air within the soft tissues of the neck (Fig. 2).



Fig. 1. Location of percutaneous access.

On POD 2, the patient remained stable and reported improvement of her chest pain, complaining only of soreness at her throat and left flank. Nonetheless, a CT scan of the thorax, abdomen, and pelvis was performed with oral contrast, which showed air within the mediastinum, retroperitoneum, and peritoneal cavity, with a focal collection of contrast adjacent to the descending colon (Fig. 3). The general surgery service was consulted, and the patient was taken to the operating room for diagnostic laparoscopy. Mobilization of the descending colon revealed a single 1-cm defect within its posterior wall, with an adjacent collection of pus and feces. The defect was closed primarily and the transverse colon brought to the skin in a diverting loop colostomy.

The patient's course following this surgery was unremarkable, and she was discharged 3 days later, 5 days after her PCNL. The JJ ureteral stent was removed 3 weeks later. She returned to the operating room 2 months after the creation of the loop colostomy for its reversal. This final operation was well-tolerated, and the patient returned to her baseline health.

Discussion

Because colon perforation is a rare complication of PCNL, the published literature about it is largely limited to case reports (Table 1). Two possible patterns are described: injuries that are identified radiographically immediately in or after surgery⁵⁻⁷ and injuries that are identified in a delayed fashion due to signs of fecaluria and leukocytosis.^{8,9} Our case describes an alternative delayed presentation, with symptoms of throat and chest pain, and signs of neck and shoulder crepitus with pneumomediastinum. This is the first such presentation in the literature.



Fig. 2. Chest x-Ray, postoperative day 1.

Upper-body findings are not immediately suggestive of subdiaphragmatic pathology, and care was taken to rule out an intrathoracic injury, specifically a tracheal tear from intubation. CT scan of the chest included esophageal contrast to assess for any extravasation and bronchoscopy performed on her return to the operating room was normal. It was tempting to attribute the pneumoperitoneum seen on her chest radiography to residual insufflation from the laparoscopic cholecystectomy 3 weeks prior. Pneumoperitoneum following this surgery seldom persists more than 1 to 2 weeks;¹⁰ however, several cases have been reported in the gastroenterologic literature of colonoscopic bowel perforations associated with neck pain, subcutaneous emphysema, and radiographic findings of pneumomediastinum with pneumoperitoneum and pneumoretroperitoneum.¹¹⁻¹⁴



Fig. 3. Computed tomography scan demonstrating colon perforation.

Table 1. Summary of case reports of bowel injury from PCNL

Case	Location of injury	Timing of diagnosis	Risk factors	Symptoms/signs	Management
Goger E, et al. (2012) ⁷	Ascending colon	Intraoperative	None	None (attempted pyelogram showed contrast in bowel)	Non-operative (PCN tube withdrawn into bowel)
Kachrilas S, et al. (2012) ¹⁶	Descending colon	POD 3	Left PCNL, lower pole access	Feculent nephrostomy drainage, fever	Non-operative**
	Ascending colon	POD 1	None	Feculent nephrostomy drainage, fever	Non-operative**
	Ascending colon	Intraoperative	None	None	Non-operative**
	Descending colon	POD 2	Left PCNL, lower pole access	Fever, abdominal pain	Non-operative**
	Descending colon	POD 3	Left PCNL, lower pole access	Fever, abdominal pain, nausea/vomiting	Non-operative**
Juan YS, et al. (2006) ⁹	Descending colon	POD 4	Left PCNL, lower pole access	Flank pain, purulent discharge around PCN, poor urine output from PCN	Non-operative**
Al-Assiri M, et al. (2005) ⁶	Jejunum	Intraoperative	Left PCNL, lower pole access, posterior axillary access	None (attempted pyelogram showed contrast in bowel)	Non-operative (catheter drainage of bowel, ureteral stent)
Noor Buchholz NP (2004) ⁸	Ascending colon	POD 2	Female, lower pole access	Flank pain, feculent nephrostomy drainage, leukocytosis	Operative (bowel resection, ureteral stent)
Begliomini H, Mattos Jr. D. (2002) ¹⁷	Descending colon, Jejunum	POD 1	Left PCNL, posterior axillary access	Abdominal pain	Operative (primary repair of bowel perforation)
Goswami AK, et al. (2001) ⁵	Descending colon	POD 1	Left PCNL, horseshoe kidney	None (incidental finding on imaging to assess residual stone burden)	Non-operative**
	Descending colon	POD 3	Female, left PCNL, lower pole access	Fever, feculent nephrostomy drainage, abdominal pain	Non-operative (PCN removed, pericolic drain, ureteral stent)
	Descending colon	"Early postoperative"	Left PCNL	Fever	Non-operative (PCN removed, pericolic drain, nasogastric drain)
Gerspach JM, et al. (1997) ¹⁸	Ascending colon	POD 0	Lower pole access	Fever	Non-operative (PCN removed, ureteral stent)
	Descending colon	POD 2	Left PCNL, lower pole access	Feculent nephrostomy drainage	Non-operative (PCN removed)
	Ascending colon	Intraoperative	None	None (attempted nephroscopy visualized colon lumen)	Non-operative (catheter drainage of bowel, pericolic drain, ureteral stent)
Appel R, et al. (1988) ¹⁹	Descending colon	POD 5	Female, left PCNL	None (incidental finding on imaging)	Non-operative (ureteral stent, bowel rest)
Neustein P, et al. (1986) ²⁰	Descending colon	POD 4	Left PCNL	Abdominal pain	Non-operative**
Culkin DJ, et al. (1985) ²¹	Duodenum	POD 3	Female, lower pole access	Lack of nephrostomy drainage	Non-operative (PCN drainage, nasogastric drainage)
Vallancien G, et al. (1985) ³	Descending colon	POD 0	Left PCNL, lower pole access	Shock, rectal hemorrhage	Operative (bowel resection w/transverse colostomy and heminephrectomy)
	Descending colon	POD 1	Left PCNL, lower pole access	Abdominal pain, fever, gas from nephrostomy tract	Operative (primary repair of bowel perforation)

PCNL: percutaneous nephrolithotomy; POD: postoperative day; PCN: percutaneous nephrostomy. **PCN tube withdrawn into bowel to establish colcutaneous fistula; ureteral stent inserted.

Established risk factors for colon injury during PCNL include slim body habitus, female sex, prior colon surgery, access to the left kidney at the posterior axillary line and lower pole, and most of all a retrorenal loop of colon.^{4-9,15} Other than her sex (which may not be as strong a risk factor as has been suggested, given the preponderance of male patients in the existing case reports, Table 1^{3,5-9,16-21}) and the side of her surgery, our patient had none of these risk factors, with no evidence of retrorenal colon on her preoperative CT scan. While anatomic anomalies, such as horseshoe kidney, are associated with an increased rate of retrorenal colon,^{5,22} duplication of the collecting system typically does not displace the kidney from its standard anatomic location and is unlikely to be a relevant risk factor.

Comparative reviews of CT scans obtained in the supine and prone positions suggest that for a given patient, the colon is more than twice as likely to be retrorenal in the prone position, with CT scan in the supine position inadequately representing this challenging anatomy.^{23,24} Our patient's CT was obtained in the emergency department without any surgery specifically in mind, and given the rarity of this complication, re-imaging while prone seems excessive for the routine evaluation of a patient for PCNL. Studies of the relative safety of supine versus prone positioning have not demonstrated any difference in the risk of bowel perforation or other major complications.^{25,26}

Recent reports describing bowel perforation during PCNL have emphasized the opportunity for non-operative management for the injury, with placement of the percutaneous nephrostomy tube into the bowel lumen to act as a drain.^{5-7,9,27} This opportunity is predicated on the presence of an indwelling nephrostomy tube to leave as an enteric drain. Our tubeless surgery precluded this possibility. Had a tube been left in place, the nature of the patient's injury, which was not through-and-through but skived the bowel to leave only a single defect, did not lend itself to ready intubation of the bowel lumen. Thus, the possibility of better managing a potential bowel injury is not a compelling argument against tubeless PCNL, which studies have shown to be no less safe than the standard procedure.^{28,29}

Conclusion

Contrary to the enthusiasm for conservative management of surgical complications, such as bowel perforation following PCNL, this case is a reminder that there are circumstances in which reoperation remains the most appropriate course.^{27,30} Our patient's benign clinical appearance, with a chief complaint of sore throat and without fever, leukocytosis, leukopenia, abdominal pain, or other clinical evidence of peritonitis, belied the peritoneal involvement seen on imaging and the bowel wall defect with fecal spillage seen laparoscopically. With recognition of the injury, despite its

unusual presentation, and prompt operative management, the patient achieved a relatively rapid and uncomplicated recovery.

Competing interests: Dr. Chubak and Dr. Stern declare no competing financial or personal interests.

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